

CURRICULUM VITAE

JEANETTE MARIE BENNETT

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<u>Education</u>	<u>Degree</u>	<u>Year</u>	<u>Field</u>
The Pennsylvania State University University Park, Pennsylvania	Ph.D.	2010	Biobehavioral Health
The Pennsylvania State University University Park, Pennsylvania	M.S.	2007	Biobehavioral Health
Gannon University Erie, Pennsylvania	B.S./B.A.	2002	Biology/Psychology

I. PROFESSIONAL

Professional and Research Experience

2013 – Present	Director, StressWAVES Biobehavioral Research Laboratory, The University of North Carolina at Charlotte (UNCC), Department of Psychological Science
2013 – Present	Honors Faculty, UNCC
2012 – Present	Graduate Faculty, Health Psychology, UNCC
2012 – Present	Assistant Professor of Psychological Science, UNCC
2010 – 2012	Postdoctoral Fellow, NIDCR, CTOC, College of Dentistry and Institute for Behavioral Medicine Research, College of Medicine, The Ohio State University (OSU)
2009 – 2010	Kligman Graduate Research Fellow, Department of Biobehavioral Health (BBH), The Pennsylvania State University (PSU)
2006 – 2009	Research Assistant, NICHD, Departments of BBH and Human Development and Family Studies, PSU
2005 – 2006	Research Assistant, ONR, Department of BBH, PSU
2004 – 2005	Supervisor, Department of Anatomic Pathology Operations, Covance Laboratories, Vienna, Virginia

Awards and Honors

2017	Catalyst Summer Fellow, College of Liberal Arts and Sciences (CLAS), UNCC
2015	Junior Faculty Development Award, CLAS, UNCC
2015	1 of 10 Must Take Psychology Professors in Charlotte, Careers in Psychology
2014	Junior Investigator Award, UNC Charlotte Health Academy, UNCC

2012	Dean's Award for Excellence in Research, College of Dentistry, OSU
2009	Kligman Graduate Research Fellowship, College of Health and Human Development, PSU
2009, 2008, 2005	Hintz Graduate Education Enhancement Fellowship, BBH, PSU
2009	Howard F. Martin Graduate Assistant Outstanding Teaching Award, Graduate School and the Office of the Vice President and Dean for Undergraduate Education, PSU
2009	Biobehavioral Health Outstanding Graduate Teaching Award, PSU
2002	Joe Luckey Award for Dedication to the University, Gannon University
2002	University Honors Degree, Gannon University
2002	Omincon Delta Kappa Leadership Honor Society, Gannon University
2001	Psi Chi Honor Society, Gannon University
1999	Beta Beta Beta Honor Society, Gannon University
1998	Phi Eta Sigma Honor Society, Gannon University

II. RESEARCH

Fellowships

2010 – 2012	Postdoctoral Fellow, NIDCR, CTOC, College of Dentistry, OSU
2009 – 2010	Kligman Graduate Research Fellow, College of Health and Human Development, PSU

Grants

Internal Grants

2017	<i>Associations between social motivation orientations and physical health.</i> Role on project: Co-PI. Psychology Internal Grants (\$4,500)
2016	<i>Deciphering changes in early immune cell sensitivity to lipopolysaccharide between healthy smokers and non-smokers.</i> Role on project: PI. ARCHES seed grant (\$1,000)
2014 – 2015	<i>Glucocorticoid receptor expression in a population at high-risk for chronic disease development.</i> Role on project: PI. Psychology Internal Grants (\$5,000)
2013 – 2015	<i>Examining differences in glucocorticoid resistance between smokers and nonsmokers.</i> Role on project: PI. UNCC Faculty Research Grant (\$6,000)

Scientific Publications in Referred Journals (*undergraduate student, † graduate student, ^senior author)

Accepted and/or Published

1. Bennett, J. M. & Leggett, A. N. (2017). Caregiving stress and its toll on health from a psychoneuro-immunological perspective. *Current Breast Cancer Reports*, 9, 82-90. doi: 10.1007/s12609-017-0246-7
2. Sturmberg, J. P., Bennett, J. M., Martin, C. M., & Picard, M. (2017). 'Multimorbidity' as the manifestation of network disturbances. *Journal of Evaluation in Clinical Practice*, 23, 199-208. doi: 10.1111/jep.12587 PMID: 27421249
3. †Blevins, C. M., †Sagui, S. J. & ^Bennett, J. M. (2017). Inflammation and positive affect: Examining the stress-buffering hypothesis with data from the National Longitudinal Study of Adolescent to Adult Health. *Brain, Behavior, and Immunity*, 61, 21-26. doi: 10.1016/j.bbi.2016.07.149 PMID: 27444965
4. Derry, H. M., Jaremka, L. M., Bennett, J. M., Peng, J., Andridge, R. R., Shapiro C., Malarkey W. B., Emery C. F., Layman R., Mrozek E., Glaser R., & Kiecolt-Glaser, J. K. (2015). Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial. *Psycho-Oncology*, 24, 958-966. doi: 10.1002/pon.3707 PMID: 25336068

5. Sturmberg, J. P., Bennett, J. M., Picard, M., & Seely, A. J. E. (2015). The trajectory of life: Decreasing physiological network complexity through changing fractal patterns. *Frontiers in Physiology*, 6, 169. doi: 10.3389/fphys.2015.00169 PMID: 26082722
6. Kiecolt-Glaser, J. K., Bennett, J. M., Andridge, R. R., Peng, J., Shapiro, C. L., Malarkey, W. B., Emery, C. F., Layman, R., Mrozek, E. E., & Glaser, R. (2014). Yoga's impact on inflammation, mood, and fatigue in breast cancer survivors: A randomized controlled trial. *Journal of Clinical Oncology*, 32 (10), 1040-1049. doi: JCO.2013.51.8860 PMID: 24470004
7. Klein, L. C., Whetzel, C. A., Bennett, J. M., Ritter, F. E., Nater, U. M., & Schoelles, M. (2014). Caffeine administration does not alter salivary α -amylase activity in young male daily caffeine consumers. *BMC Research Notes*, 7(1), 30. doi: 10.1186/1756-0500-7-30. PMID: 24410993
8. Bennett, J. M., Rodrigues, I. M., & Klein, L. C. (2013). Effects of caffeine and stress on biomarkers of cardiovascular disease in healthy men and women with a family history of hypertension. *Stress & Health*, 29, 401-409. doi: 10.1002/smi.2486 PMID: 23504818
9. Jaremka, L. M., Fagundes, C. P., Peng, J., Bennett, J. M., Glaser, R., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Loneliness promotes inflammation during acute stress. *Psychological Science*, 24, 1089-1097. doi: 10.1177/0956797612464059 PMID: 23630220
10. Jaremka, L. M., Fagundes, C. P., Glaser, R., Bennett, J. M., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Loneliness predicts pain, depression, and fatigue: Understanding the role of immune dysregulation. *Psychoneuroendocrinology*, 38, 1310-1317. doi: 10.1016/j.psyneuen.2012.11.016 PMID: 23273678
11. Bennett, J. M., Glaser, R., Andridge, R. R., Peng, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Long lasting effects of smoking: Breast cancer survivors' inflammatory responses to acute stress differ by smoking history. *Psychoneuroendocrinology*, 38, 179-187. doi: 10.1016/j.psyneuen.2012.05.012 PMID: 22727479
12. Walter, K. N., Corwin, E. J., Ulbrecht, J., Bennett, J. M., Demers, L. M., Whetzel, C. A., & Klein, L. C. (2012). Elevated thyroid stimulating hormone is associated with elevated cortisol in healthy young men and women. *Thyroid Research*, 5, 13. doi: 10.1186/1756-6614-5-13 PMID: 23111240
13. Bennett, J. M., Glaser, R., Malarkey, W. B., Beversdorf, D. Q., Peng, J., & Kiecolt-Glaser, J. K. (2012). Inflammation and reactivation of latent herpesviruses in older adults. *Brain, Behavior, and Immunity*, 26, 739-746. doi: 10.1016/j.bbi.2011.11.007 PMID: 22155500
14. Fagundes, C. P., Glaser, R., Alfano, C. M., Bennett, J. M., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2012). Fatigue and herpesvirus latency in women newly diagnosed with breast cancer. *Brain, Behavior, and Immunity*, 26, 394-400. doi:10.1016/j.bbi.2011.09.014 PMID: 21988771
15. Fagundes, C. P., Gillie, B. L., Derry, H. M., Bennett, J. M., & Kiecolt-Glaser, J. K. (2012). Chapter 2: Resilience and immune function in older adults. *Annual review of gerontology and geriatrics*, 32, 29-47. doi: 10.1891.0198-8794.32.29
16. Fagundes, C. P., Bennett, J. M., Alfano, C. M., Glaser, R., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., Chen, M., & Kiecolt-Glaser, J. K. (2012). Social support and socioeconomic status interact to predict Epstein-Barr virus latency in women awaiting diagnosis or newly diagnosed with breast cancer. *Health Psychology*, 31, 11-19. doi: 10.1037/a0025599 PMID: 22004465
17. Fagundes, C. P., Bennett, J. M., Derry, H., & Kiecolt-Glaser, J. K. (2011). Relationships and inflammation across the lifespan: Social developmental pathways to disease. *Social and Personality Psychology Compass*, 5, 891-903. doi: 10.1111/j.1751-9004.2011.00392.x PMID: 22125580

18. Klein, L. C., Bennett, J. M., Whetzel, C. A., Granger, D. A., & Ritter, F. E. (2010). Caffeine and stress alter salivary α -amylase levels in young men. *Human Psychopharmacology*, 25, 359-367. doi: 10.1002/hup.1126 PMID: 20589924
19. Kapelewski, C. H., Bennett, J. M., Cavigelli, S. A., & Klein, L. C. (2010). Application of a naturalistic psychogenic stressor in periadolescent mice: Effect on serum corticosterone levels differs by strain but not sex. *BMC Research Notes*, 3, 170. doi: 10.1186/1756-0500-3-170 PMID: 20565762
20. Cavigelli, S. A., Bennett, J. M., Michael, K. C., & Klein, L. C. (2008). Female temperament, tumor development, and life span: Relation to glucocorticoid and tumor necrosis factor alpha levels in rats. *Brain, Behavior, and Immunity*, 22, 727-735. doi: 10.1016/j.bbi.2007.10.014 PMID: 18155400

Under Review

1. Bennett, J. M., Marino, J. S., †Peck, B., †Roos, L. G., *Joseph, K. M., *Carter, L. B., †Smith, C. B., Rohleder, N. & Coffman, M. J. Smokers display reduced glucocorticoid sensitivity prior to symptomatic chronic disease development.
2. †Roos, L. G., Levens, S. M., & ^Bennett, J. M. Recent stressful life events, relationship stressors, and cortisol reactivity: The moderating role of suppression.
3. Kase, S. E., Ritter, F. E., Bennett, J. M., Klein, L. C., & Schoelles, M. Fitting a model to behavior tells us what changes cognitively when under stress and with caffeine.

Invited Book Chapters († graduate student)

1. Bennett, J. M. & †Roos, L. G. (2016). Yoga's effect on mental and physical health outcomes. In M. R. Opp (Ed). *Primer of PNI Research* (pp 165-172). New York: Elsevier.
2. Bennett, J. M. (2016). Psychoneuroimmunology. In: H. L. Miller (Ed.) *The SAGE Encyclopedia of Theory in Psychology* Vol. 2. Thousand Oaks, CA: SAGE Publications Inc. doi: 10.4135/9781483346274.n261
3. Bennett, J. M., & Sturmberg, J. P. (2016). Depression: Not just a top-down phenomenon. In: J. P. Sturmberg (Ed.) *The Value of Systems and Complexity Sciences for Healthcare - Proceedings of the 1st International Conference of Systems and Complexity in Health* (pp 163-173). New York: Springer.
4. Bennett, J. M., Fagundes, C. P., & Kiecolt-Glaser, J. K. (2013). The chronic stress of caregiving accelerates the natural aging of the immune system. In: J. A. Bosch, A. C. Phillips, & J. M. Lord (Eds.) *Immunosenescence: Psychological and behavioural determinants* (pp 35-46). New York: Springer.
5. Bennett, J. M., Gillie, B. L., Lindgren, M. E., Fagundes, C. P., & Kiecolt-Glaser, J. K. (2013). Inflammation through a psychoneuroimmunological lens. In: J. P. Sturmberg & C. M. Martin (Eds.) *Handbook of systems and complexity in health* (pp 279-300). New York: Springer.

Conference Proceedings

1. Ritter, F. E., Kase, S. E., Klein, L. C., Bennett, J. M., & Schoelles, M. (2009). Fitting a model to behavior tells us what changes cognitively when under stress and with caffeine. In: Proceedings of the biologically inspired cognitive architectures at the Association for the Advancement of Artificial Intelligence (AAAI) Fall Symposium (pp 109-115). Keynote Presentation, Technical report FS-0901. Menlo Park, CA: AAAI Press

Scholarly Works

1. Bennett, J. M. (2010). *Nicotine modulation of anti-viral immunity in periadolescent male and female C57BL/6J mice*. Doctoral Dissertation, Department of Biobehavioral Health, PSU. Advisor: Laura Cousino Klein, Ph.D.

- Bennett, J. M. (2007). *The biobehavioral effects of caffeine exposure and withdrawal in healthy, young men*. Master's Thesis, Department of Biobehavioral Health, PSU. Advisor: Laura Cousino Klein, Ph.D.

Invited Presentations at Scientific Meetings

- Bennett, J. M., & Sturmborg, J. P. (2014 November). *Depression: More than a top-down phenomenon*. Paper presented at the Systems and Complexity Sciences for Healthcare, Georgetown University Medical Center, Washington, DC.
- Klein, L.C., Bennett, J.M., Stawski, R.S., Whetzel, C.A., Davis, K.D., Almeida, D.M., McHale, S.M., & Crouter, A.C. (2009 April). *Synchrony between daily salivary melatonin and cortisol levels: Impact of sleep and work stressors in parents and children*. Paper presented at the National Heart Lung and Blood Institute Sleepiness and Health-Related Quality of Life Conference, Bethesda, MD.

Presentations at Scientific Meetings (*undergraduate student, † graduate student)

International

- †Roos, L. G., Coffman, M. J., & Bennett, J. M. (2017 March). *Stressful life events and health: The differential impacts of trait reappraisal and suppression on cardiovascular functioning, inflammation, and psychological distress*. Poster session presented at the annual meeting of the American Psychosomatic Society, Sevilla, Spain.
- Bennett, J. M., †Peck, B., *Joseph, K. M., *Carter, L. B., †Roos, L. G., Coffman, M. J., †Smith, C. B., Rohleder, N., & Marino, J. S. (2016 June). *Healthy smokers' peripheral blood lymphocytes exhibit differential inflammatory gene expression to glucocorticoid and lipopolysaccharide exposure*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Brighton, England.
- Bennett, J. M., Glaser, R., Andridge, R. R., Peng, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2012 March). *Long lasting effects of smoking: Breast cancer survivors' inflammatory responses to acute stress differ by smoking history*. Poster session presented at the annual meeting of the American Psychosomatic Society, Athens, Greece. *Psychosomatic Medicine*, 74(3), A-20.
- Bennett, J. M., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 April). *Tobacco use is associated with an elevated cortisol awakening response: evidence from a daily diary study with hotel workers*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.
- Klein, L. C., Bennett, J. M., Davis, K. D., Almeida, D. M., Crouter, A. C., & McHale, S. (2009 April). *Workplace stress increases tobacco use among workers and their partners: evidence from the Penn State Hotel Work and Well-being Study*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.

National

- †Roos, L. G., †Willets, V., Canevello, A. B., & Bennett, J. M. (2017 Nov). *From infidelity to posttraumatic stress: The psychological effects of relationship infidelity on young adults*. To be presented at annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- †Blevins, C. M., Tedeschi, R. G., Canevello, A. B., Elnitsky, C., *Swaim, M., & Bennett, J. M. (2017 Nov). *Posttraumatic growth and biomarkers of chronic stress among combat veterans of Operations Enduring and Iraqi Freedom*. To be presented at annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Bennett, J. M., Marino, J. S., †Peck, B., *Joseph, K. M., *Carter, L. B., †Roos, L. G., †Smith, C. B., Rohleder, N., & Coffman, M. J. (2017 June). *Smokers exhibit glucocorticoid insensitivity prior to chronic disease development*. Poster to be presented at the annual meeting of the Psychoneuroimmunology Research Society, Galveston, TX.

4. †Willets, V., †Roos, L. G., Canevello, A. B., †Griffin, M. & Bennett, J. M. (2017 June). Infidelity as a trauma: Empirical research linking infidelity experience and posttraumatic stress symptoms. Paper to be presented at the International Association for Relationship Research Conference, Syracuse, NY.
5. †Blevins, C. M., Tedeschi, R. G., Canevello, A. B., Elnitsky, C., *Swaim, M., & Bennett, J. M. (2017 March). Posttraumatic growth and biomarkers of chronic stress among combat veterans of Operations Enduring and Iraqi Freedom. Poster session presented at annual meeting of the Society of Behavioral Medicine, San Diego, CA.
6. Bennett, J. M., †Roos, L. G., Marino, J. S., Rohleder, N., & Coffman, M. J. (2016 November). Healthy smokers: An oxymoron? Paper presented at the bi-annual meeting of the Systems and Complexity Sciences for Healthcare, Billings Clinic, Billings, MT.
7. Bennett, J. M., †Roos, L. G., & †Papay, K. A. (2016 March). *Depression, perceived stress, & EBV reactivation: Disentangling the relationship and approaching causality?* Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-95.
8. †Roos, L. G., †Papay, K. A., & Bennett, J. M. (2016 March). *The interacting role of emotion regulation and stressful life events to predict cortisol response to stress.* Paper presented in the Social Factors, Inflammation, and Health Paper Session at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-50.
9. †Papay, K. A., †Roos, L. G., & Bennett, J. M. (2016 March). *Stress reactivity influenced by self-acceptance and neuroticism.* Citation poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-64.
10. Padin, A. C., Bennett, J. M., Emery, C. F., & Kiecolt-Glaser, J. K. (2016 March). *Yoga for breast cancer survivors: Impact on cancer-related distress and sleep.* Poster session presented poster at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-59.
11. Woods, S. J., Hall, R. J., Bennett, J. M., & Page, G. G. (2015 April). *Patterns of diurnal cortisol and DHEA in women experiencing intimate violence.* Oral presentation at the Nursing Network for Violence Against Women International 20th Conference, Atlanta, GA.
12. Bennett, J. M., †Papay, K., †Sagui, S. J., & Coffman, M. J. (2015 March). *Depression and stress reactivity interact to predict heart rate variability over and above current smoking status: A preliminary investigation.* Poster session presented at the annual meeting of the American Psychosomatic Society, Savannah, GA. *Psychosomatic Medicine*, 77(3), A-108.
13. Woods, S. J., Hall, R. J., Bennett, J. M., & Page, G.G. (2014 October). *Trajectories of change and predictors of AM-PM cortisol and DHEA Patterns in women experiencing intimate partner violence.* Poster session presented at the annual meeting of the Academy on Violence and Abuse, Salt Lake City, Utah.
14. Derry, H. M., Jaremka, L. M., Bennett, J. M., Peng, J., Andridge, R. R. ... Kiecolt-Glaser, J. K. (2014 March). *Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial.* Poster session presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA. *Psychosomatic Medicine*, 76(3), A-3.
15. Hussain, M. H., Jaremka, L. M., Bennett, J. M., Fagundes, C. P., Malarkey, W. B., Emery, C. F., & Kiecolt-Glaser, J. K. (2014 March). *Syndromal depression, intrusive thoughts, and heart rate variability among cancer survivors.* Poster session presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA. *Psychosomatic Medicine*, 76(3), A-99.

16. Bennett, J. M., Bayly, J. E., & Klein, L. C. (2013 March). *Caffeine and sex influence inflammatory responses to acute stress*. Poster session presented at the annual meeting of the American Psychosomatic Society, Miami, FL. *Psychosomatic Medicine*, 75(3), A-146.
17. Revitsky, A.R., Bennett, J.M., & Klein, L.C. (2012 March). *The effects of nicotine exposure on body weight and food consumption differ by age in adolescent and adult female mice*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
18. Walter, K.N., Mercincavage, M., Whetzel, C.A., Bennett, J.M., Foulds, J., Almeida, D.A., Muscat, J.E., & Klein, L.C. (2012 March). *Validation in self-reported non-tobacco use status in a daily diary study: Results from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
19. Bennett, J. M., Fagundes, C. P., Glaser, R., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2011 June). *Parasympathetic tone and time since treatment influence the expression of latent cytomegalovirus in breast cancer survivors*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Chicago, IL.
20. Bennett, J. M., Glaser, R., & Kiecolt-Glaser, J. K. (2011 March). *A double whammy: Smoking and fatigue increase TNF- α levels in older adults*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Antonio, TX. *Psychosomatic Medicine*, 73(3), A-84/85.
21. Walter, K. N., Corwin, E. J., Ulbrecht, J., Bennett, J. M., Demers, L. M., Whetzel, C. A., Seeman, T. E., & Klein, L. C. (2010 March). *Thyroid stimulating hormone is associated with body mass index and resting blood pressure in healthy young men and women*. Poster session presented at the annual meeting of the American Psychosomatic Society, Portland, OR. *Psychosomatic Medicine*, 72(3), A-133.
22. Bennett, J. M., Stawski, R. S., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 March). *Daily rhythms of melatonin are altered by amount of sleep*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-75.
23. Bennett, J. M., Stawski, R. S., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 March). *Synchrony between daily salivary melatonin and cortisol levels: Impact of sleep and stressors*. Presented as part of the HPA Axis II paper session at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-135.
24. Walter, K. N., Bennett, J. M., Whetzel, C. A., Davis, K. D., Almeida, D. M., & Klein, L. C. (2009 March). *Job status, burnout, and waking cortisol levels: Evidence from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-42.
25. Whetzel, C. A., Davis, K. D., Bennett, J. M., Almeida, D. M., Crouter, A. C., & Klein, L. C. (2009 March). *Higher dehydroepiandrosterone-sulfate (DHEA-S) levels are associated with lower levels of daily stress: Evidence from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-80.
26. Guaderrama, M. M., Bennett, J. M., Kapelewski, C. H., & Klein, L. C. (2008 November). *Stress exposure results in elevated cotinine levels but does not alter 24-hr oral nicotine intake in periadolescent male and female mice*. Poster session presented at the annual meeting of the Society for Neuroscience, Washington, DC.
27. Kapelewski, C.H., Bennett, J.M., & Klein, L.C. (2008 November). *Strain differences in efficacy of a psychogenic stressor in periadolescent mice*. Poster session presented at the annual meeting of the Society for Neuroscience, Washington, DC.

28. Bennett, J. M., Rodrigues, I. M., & Klein, L. C. (2008 March). *Sex differences in impact of C-reactive protein risk group on cortisol stress reactivity in healthy young adults with parental history of hypertension*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-74.
29. Klein, L. C., Bennett, J. M., Whetzel, C. A., & Ritter, F. E. (2008 March). *Daily caffeine use impacts neuroendocrine and cardiovascular responses to laboratory stress in healthy men*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-58.
30. Klein, L. C., Bennett, J. M., Kambhampati, S. K., Corwin, E. J., Stine, M. M., Deitch, H., Taylor, S. E., & Seeman, T. E. (2008 March). *Undiagnosed thyroid disease elevates baseline cortisol levels in asymptomatic young men and women*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-92.
31. Klein, L. C., Whetzel, C. A., Almeida, D. M., Bennett, J. M., Stawski, R. S., Banks, S. R., & Crouter, A. C. (2008 March). *Salivary DHEA-S levels across the day: Evidence for a daily rhythm in a healthy adult population*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-46.
32. Rodrigues, I. M., Bennett, J. M., & Klein, L. C. (2007 March). *Caffeine exposure and stress increase blood markers of cardiovascular disease risk in young adult men and women with a family history of hypertension*. Poster session presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
33. Bennett, J. M., Leslie, J., McClearn, G. E., & Klein, L. C. (2007 February). *Sex but not strain influences voluntary nicotine intake in adolescent mice*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.
34. Ritter, F. E., Kase, S., Schoelles, M., Bennett, J. M., & Klein, L. C. (2006 July). *Cognitive aspects of serial subtraction*. Presented at the annual ACT-R Workshop, Pittsburgh, PA.
35. Bennett, J. M., Whetzel, C. A., Ritter, F. E., Reifers, A., & Klein, L. C. (2006 March). *Effects of caffeine and stress on cortisol and serial subtraction performance in young healthy men*. Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 68, A-77.
36. Klein, L. C., Whetzel, C. A., Bennett, J. M., Ritter, F. E., & Granger, D. A. (2006 March). *Effects of caffeine and stress on salivary alpha-amylase in young men: A salivary biomarker of sympathetic activity*. Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 68, A-4.

Local and Regional

1. *Silva, H., *Stone, A., †Roos, L. G., & Bennett, J. M. (2017 April). *Sex moderates the relationship between emotion regulation and fetuin-a*. Paper presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC. ++ Award winner
2. *Joseph, K. M., Ray, C., G., Klutta, A. L., & Bennett, J. M. (2017 April). *Multilingualism and executive function*. Paper presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
3. Bennett, J. M. (2016 November). *Lonely? How others affect our immunity without touching us*. In S. M. Levens (Chair), *The common thread: Emotions as a potential link between intra- and interpersonal factors and wellbeing*. Symposium conducted at the annual meeting of the Society for Southeastern Social Psychologists, Asheville, NC.

4. *Joseph, K. M., Marino, J. S., Coffman, M. J., & Bennett, J. M. (2016 April). *Blood lymphocytes' cytokine gene expression from glucocorticoid and lipopolysaccharide exposure in healthy smokers and non-smokers*. Poster session presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
5. *Mills, M. & Bennett, J. M. (2014 April). *Depression in college students: A comparison between freshmen and first year transfer students*. Poster session presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
6. *Jarecke, M. J. & Bennett, J. M. (2014 March). *Impaired Immune Function: Glucocorticoid Resistance may be an Underlying Mechanism for Chronic Diseases*. Poster session presented at the Central Carolinas Conference in Psychology, The University of North Carolina at Charlotte, Charlotte, NC.
7. Bayly, J.E., Bennett, J.M., & Klein, L.C. (2013 April). *Inflammatory responses to acute stress: Effects of caffeine and stress*. Poster session presented at the Pennsylvania State University Undergraduate Research Exhibition, University Park, PA.
8. Bennett, J.M., Davis, K.D., Almeida, D.M., & Klein, L.C. (2008 October). *Interpersonal stressors and longer work days increase tobacco use among hotel workers*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.
9. Guaderrama, M., Kapelewski, C.H., Bennett, J.M., & Klein, L.C. (2008 October). *Stress exposure results in elevated cotinine levels but does not alter 24-hr oral nicotine intake in periadolescent male and female mice*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.
10. Kapelewski, C.H., Bennett, J.M., Guaderrama, M., & Klein, L.C. (2008 October). *Impact of stress on 24-hr nicotine consumption and corticosterone responses in adolescent C57BL/6J and DBA/2 mice*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.

Invited Lectures

1. Bennett, J. M. (2017). *Chronic disease development from a psychoneuroimmunological perspective*, Presented at Department of Psychology Research Seminar Series, Wake Forest University, March 22, 2017.
2. Bennett, J. M. (2016). *Wait...is that a lion? Stress, the Intersection of biological and psychological phenomena*, Presented at Department of Biological Sciences Research Seminar Series, UNC Charlotte, October 14, 2016.
3. Bennett, J. M. (2016). *Psychology: More than what is in the brain*, Keynote address presented at the Western Pennsylvania Undergraduate Psychology Conference, a division of Northeast American Psychological Association, Gannon University, Erie, PA, April 16, 2016.
4. Bennett, J. M. (2012). *Psychology affects medicine: Psychoneuroimmunology*, presented at Psi Chi Honor Society Seminar, The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, November 1, 2012.
5. Bennett, J. M. (2012). *Biobehavioral approach to understanding health*, presented at Health Psychology Graduate Program Seminar, The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, October 12, 2012.
6. Bennett, J. M. (2012). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, February 9, 2012.

7. Bennett, J. M. (2012). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at Virginia Commonwealth University, Department of Psychology, Richmond, VA, January 26, 2012.
8. Bennett, J. M. (2011). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at West Virginia University, Department of Psychology, Morgantown, WV, December 5, 2011.

III. TEACHING & MENTORING

Masters Thesis Supervised

- 2017 Lydia Roos, *The influence of emotion regulation on psychological distress and physiological functioning following a romantic breakup*, Health Psychology PhD Program, UNCC (expected)
- 2016 Brooke Palmer, *The role of overvaluation of shape and weight in Latinas with binge eating disorder*, Health Psychology PhD Program, UNCC

Undergraduate Honor's Thesis Supervised

- 2018 Abriana Gresham, Psychology, UNCC (expected)
- 2018 Philip Hinson, Psychology, UNCC (expected)
- 2018 Allison Mehta, Psychology, UNCC (expected)
- 2018 Hugo Silva, Psychology, UNCC (expected)
- 2017 Henry Danois, *Place: La liv de Danois*, University, UNCC
- 2017 Catherine Onia, *Identity: Saliency and shiftability*, University, UNCC
- 2015 James Bollinger, *Examining the relationships among caffeine sensitivity, emotional reactivity, and personality*, Psychology, UNCC
- 2015 Zachary Greth, *Living a "neuroplastic" life*, University, UNCC
- 2014 Michael Mills, *Depression in college students: A comparison between freshmen and first year transfer students*, Psychology, UNCC

Undergraduate Student Advisor

- 2012 – Present Faculty Advisor, Alpha Phi Omega, National Co-Ed Service Fraternity, UNCC

Graduate Student Committees

Health Psychology PhD Program

- | | |
|---|--------------|
| Lydia Roos – Advisory thru 2 nd year project; chair | 2015-present |
| Brittany Price – Advisory thru 2 nd year project; co-chair | 2016-present |
| Sara Sagui – Advisory thru dissertation; member | 2013-present |
| Abigail Hardin – Comp project thru dissertation; member | 2014-2017 |
| Cara Blevins – 2 nd year project; member | 2015-2016 |
| Kimberly Papay – Advisory; chair | 2014-2016 |
| Brooke Palmer – 2 nd year project; co-chair | 2013-2016 |
| Jenna Ray – Dissertation; member | 2014-2015 |

Biology PhD Program

- | | |
|---|--------------|
| Austin Jefferies – Advisory thru comp exam; outside member | 2017-present |
| Benjamin Gordon – Advisory thru dissertation; outside member | 2015-present |
| Joshua Hout – Advisory thru comp exam; outside member | 2015-present |
| Marcus Lawrence – Comp exam thru dissertation; outside member | 2014-present |

Health Services Research PhD Program

- | | |
|--|--------------|
| Leslie McKee – Comps project; outside member | 2016-present |
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Public Health Sciences PhD Program

Purva Koraonkar – Comps exam; content expert 2016-2017

Kinesiology Master's Program

Bailey Peck – Thesis; outside member 2014-2016

Psychology Master's Program

Monica Nelson – Thesis; member 2017-present

Colleen Thomas – Thesis; member 2014

Teaching Experience

Undergraduate Course Instruction, Department of Psychology, UNCC

Course: Research Methods II (PSYC 2103, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: SP13, FA13, SP15

Enrollment: Approximately 24-25 students

Course: Introduction to Brain & Behavior (PSYC 2113, 3 credit hours)

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: FA14, FA15, FA16, SP17, SU17, FA17

Enrollment: Approximately 75-215 students

Course: Physiological Psychology (PSYC 3113, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: FA12, SP13, SU13, SU14, SU15, SU16

Enrollment: Approximately 40-50 students

Course: Seminar in Physiological Psychology: Psychopharmacology (PSYC 4613, 3 credit hours)

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: SP14, SP15

Enrollment: Approximately 15 students

Graduate Course Instruction, Department of Psychology, UNCC

Course: Physiological Psychology (PSYC 6015/6113, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: SP14, SP15, SP17

Enrollment: Approximately 10-15 students

Course: Health Psychology I (PSYC 8200, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: FA13, FA14, FA15, FA16, FA17

Enrollment: Approximately 10-15 students

Undergraduate Course Instruction, Department of Biobehavioral Health, PSU

Course: Pharmacological Influences on Health (PSYC 451, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: SU08

Enrollment: Approximately 20 students

Graduate Guest Teaching Lectures

Psychoneuroimmunology, Course: Health Psychology I (PSYC 8200), Department of Psychology, UNCC (3 lecture hours), FA12

Undergraduate Guest Teaching Lectures (1 lecture hours unless noted otherwise)

Psychoneuroimmunology, Course: Health Psychology (PSYC 234), Department of Psychology and Counseling, Gannon University, SP 16

Drug Use and Health, Course: Health Psychology (PSYCH 531), Department of Psychology, The Ohio State University, (1.5 lecture hour), SP 12

Successful Professional Presentation & Communication Styles, Course: Biobehavioral Health First Year Seminar (PSU 014), Department of Biobehavioral Health (BBH), Penn State University (PSU)

Caffeine, a Psychostimulant, Course: Pharmacological Influences on Health (BBH 451), BBH, PSU

Nicotine and Tobacco Use, Course: Drugs, Behavior, & Health (BBH 143), BBH, PSU

Sex Differences in Biobehavioral Response to Stress, Course: Biobehavioral Aspects of Stress (BBH 432), BBH, PSU

Caffeine: History, Pharmacology and Health, Course: Drugs, Behavior, & Health (BBH 143), BBH, PSU

Effects of Caffeine and Stress on Salivary Alpha-Amylase in Young Men: A Biomarker of Sympathetic Activity, Course: Research & Applications in Biobehavioral Health (BBH 411), BBH, PSU

Antibiotic Resistance, Course: Behavior, Health, & Disease (BBH 119), BBH, PSU

Pre-natal Testing, Course: Behavior, Health, & Disease (BBH 119), BBH, PSU

Stress and Coping, Course: Introduction to Biobehavioral Health (BBH 101), BBH, PSU

Psychoneuroimmunology, Course: Introduction to Biobehavioral Health (BBH 101), BBH, PSU

IV. SERVICE**Member**

American Association for the Advancement of Science

American Psychological Association (APA)

APA Affiliate Division 38: Health Psychology

American Psychosomatic Society

Association for Psychological Science

Psychoneuroimmunology Research Society

Ad hoc Manuscript Reviewer

Brain, Behavior, and Immunity

Clinical Psychology Review

Current Psychology

European Journal of Cancer Care

Health Psychology

Infectious Diseases

International Journal of Behavioral Medicine

Journal of Affective Disorders

Journal of Medical Virology

Journal of Neuroinflammation

Journal of Psychiatric Research

Journal of Visualized Experiments

Psychoneuroendocrinology

Stress & Health

International Societies*Member*

- 2016-Present Financial Committee, Psychoneuroimmunology Research Society
 2016-Present Founding/Charter Committee, International Society for Complexity and Adaptive Sciences in Health

Invited Positions

- 2009-2016 Abstract Reviewer, American Psychosomatic Society Annual Meetings
 2008-2010 Abstract Reviewer, Society for Research on Nicotine and Tobacco Annual Meetings

Scientific Agencies*National Science Foundation*

- 2016-2017 Graduate Research Fellowship Program (GRFP) Panel Reviewer

UNC Charlotte Appointments*University Committees**Member:*

- 2014-Present Institutional Biosafety Committee
 2016-2017 Teaching with Clicker Faculty Review
 2013 University Honors Council

*College of Liberal Arts and Sciences Committees**Member:*

- 2014-Present Graduation Faculty Marshal
 2016-Present Core Science Facility Working Group

*Health Psychology PhD Program**Lecture series:*

- 2017 Co-creator and co-lecturer for the Health Psychology BioData Seminars

Committee Member:

- 2016-Present Advisory Council
 2016-Present Comprehensive Exam/Qualifying Project Committee
 2016 Graduate Student Award Committee
 2013-Present Graduate Program Admissions Committee
 2013 Summer Research Graduate Fellowship Selection Committee

*Department of Psychology**Chair:*

- 2013-Present SEED grant committee

Member:

- 2013-2015 Communication Across the Curriculum (CxC) Committee
 2013-2014 Honors Liaison for Department of Psychology

Service to Local or Regional Research Opportunities

- 2015-2017 Judge, Winkler Middle School, *Medical Grand Rounds*, 7th grade science classes
 2016 Research Expert, Janvi Barve's Science Fair Project, Metrolina Regional Scholars Academy
 2014-2015 Judge, UNCC Graduate Research Symposium
 2013-2017 Judge, UNCC Undergraduate Research Day
 2014 Judge, Pitts School Road Elementary, 5th grade science fair

2006-2010 Judge, Pennsylvania Junior Academy of Science State Competition

Invited Service Lectures

Future of psychology and health: An exciting time, presented at the Psi Chi Honor Society Induction Ceremony, UNCC, Charlotte, NC, April 12, 2013.