

*Curriculum Vitae*

**JAN WARREN-FINDLOW, PhD**

Department of Public Health Sciences  
The University of North Carolina at Charlotte  
9201 University City Boulevard, CHHS #427B  
Charlotte, NC 28223-0001  
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**Education**

1981 BA, Economics, Moravian College, Bethlehem, Pennsylvania, *Cum Laude*  
1983 MBA, Quantitative Analysis, Lehigh University, Bethlehem, Pennsylvania  
2005 PhD, Public Health, Division of Community Health Sciences,  
School of Public Health, University of Illinois at Chicago, Chicago, Illinois

Dissertation: *Explanatory Models of Heart Disease in Older Black Women*  
Chair: Thomas R. Prohaska, Ph.D.

**Professional Positions**

2005 - 2012 Assistant Professor, Department of Public Health Sciences, University of North  
Carolina at Charlotte  
Affiliate faculty, Communication Studies Department  
Affiliate faculty, Gerontology Program  
Affiliate faculty, Health Psychology Ph.D. Program  
Affiliate faculty, Health Services Research Ph.D. Program  
Adjunct faculty, Women and Gender Studies Program  
Faculty associate, Center for Professional and Applied Ethics  
2012 - Associate Professor, Department of Public Health Sciences, University of North  
Carolina at Charlotte

**Honors and Awards**

1981 *Edwin L. Stockton Prize in Economics*  
1999 *Grantmakers in Aging Fellow, Mather Institute on Aging*  
2000-2001 *Paul D. Doolen Scholarship for the Study of Aging*  
2003 *Alice J. Dan Dissertation Research Award*  
2004-2005 *American Association of University Women (AAUW) Educational Foundation American  
Dissertation Fellowship*  
2005 *National Institute on Aging (NIA) Summer Institute on Aging Research, Queenstown,  
MD, Funded participant*  
2006 *Betty J. Cleckley Minority Issues Research Award sponsored by the Gerontological Health  
Section of the American Public Health Association*  
2007 *Junior Investigator Faculty Award, Health Services Research Academy, University of  
North Carolina at Charlotte*

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2013 *Inducted Delta Omega Honorary Society, Beta Phi chapter at University of North Carolina at Charlotte*

**RESEARCH**

**Peer-reviewed Publications**

*Student mentorship: names of student and former student advisees are underlined.*

Cowell, J.M., **Warren, J.S.**, & Montgomery, A.C. (1999). Cardiovascular risk prevalence among diverse school-aged children: Implications for schools. *Journal of School Nursing*, 15(2): 8-12.

Prohaska, T.R., Peters, K.E., & **Warren, J.S.** (2000). Sources of attrition in a church-based exercise program for older African-Americans. *American Journal of Health Promotion*, 14(6): 380-385.

**Warren-Findlow, J.**, Prohaska, T.R., & Freedman, D. (2003). Challenges and opportunities in recruiting and retaining underrepresented populations into health promotion research. *The Gerontologist*, 43 (Special Issue 1): 37-46.

**Warren-Findlow, J.** (2006). Weathering: Stress and heart disease in African American women living in Chicago. *Qualitative Health Research*, 16(2): 221-237.

**Warren-Findlow, J.** & Prohaska, T. R. (2008). Families, social support, and self-care among older African American women with chronic illness. *American Journal of Health Promotion*, 22(5): 342-349.

**Warren-Findlow, J.** (2009). Inside the circus: Examining the experience of breast cancer as a researcher, teacher, and feminist. *International Review of Qualitative Research*, 2(2), 313-328.

**Warren-Findlow, J.** & Issel, L. M. (2010). Stress and coping in African American women with chronic heart disease: A Cultural Cognitive Coping Model. *Journal of Transcultural Nursing*, 21(1), 45-54. doi:10.1177/1043659609348622

**Warren-Findlow, J.**, Price, A. E., Hochhalter, A. K., & Laditka, J. N. (2010). Primary care providers' sources and preferences for cognitive health information in the United States. *Health Promotion International*, 25(4): 464-473. doi:10.1093/heapro/daq043

Ersek, J. L., Brunner Huber, L. R., Thompson, M. E., & **Warren-Findlow, J.** (2011). Satisfaction and discontinuation of contraception by contraceptive method among university women. *Maternal and Child Health*, 15: 497-506. doi:10.1007/s10995-010-0610-y

**Warren-Findlow, J.**, Seymour, R. B., & Shenk, D. (2011). Intergenerational transmission of chronic illness self-care: Results from the Caring for Hypertension in African American Families study. *The Gerontologist*, 51(1): 64-75. doi:10.1093/geront/gnq077

**Warren-Findlow, J.** & Seymour, R. B. (2011). Prevalence rates of hypertension self-care activities among African Americans. *Journal of the National Medical Association*, 103(6): 503-512.

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Racine, E. F., Troyer, J., **Warren-Findlow, J.**, & McAuley, W. J. (2011). The effect of medical nutrition therapy on changes in dietary knowledge and DASH diet adherence in older adults with cardiovascular disease. *The Journal of Nutrition, Health and Aging*, 15(10): 868-76.

Davis, C. S. & **Warren-Findlow, J.** (2011). Coping with trauma through fictional narrative ethnography: A primer. *Journal of Loss & Trauma*, 16: 563-572.

**Warren-Findlow, J.**, Laditka, J. N., Laditka, S. B., & Thompson, M. E. (2011). Associations between social relationships and emotional well-being in middle-aged and older African Americans. *Research on Aging*, 33(6): 713-734. DOI: 10.1177/0164027511411928

**Warren-Findlow, J.**, Seymour, R. B., & Huber, L. R. (2012). The association between self-efficacy and hypertension self-care activities among African American adults. *Journal of Community Health*, 37(1): 15-25. doi:10.1007/s10900-011-9410-6

Davis, C. S. & **Warren-Findlow, J.** (2012). The mystery of the troubled breast: Examining cancer and social support through fictional narrative ethnography. *Qualitative Communication Research*, 1(3): 291-314.

Racine, E. F., Lyerly, J., Troyer, J., **Warren-Findlow, J.**, & McAuley, W. J. (2012). The influence of home-delivered Dietary Approach to Stop Hypertension (DASH) meals on body mass index, caloric intake, and percent of energy needs consumed among older adults with hypertension and/or hyperlipidemia. *Journal of the Academy of Nutrition and Dietetics*, 112(11): 1755-1762.

**Warren-Findlow, J.**, Laditka, J. N., Thompson, M. E., & Laditka, S. B. (2013). Effects of social ties on self-rated physical health among African American adults. *Journal of the National Medical Association*, 105(1): 23-32.

Piper, C. N., Polite-Middleton, T., **Warren-Findlow, J.**, Thompson, M., Sebastian, N., & Akindahunsi, Y. (2013). Racial influences on diabetes management among adults in North Carolina. *Ethnicity & Disease*, 23(3): 316-21.

Webb, J. B., **Warren-Findlow, J.**, Chou, Y., & Adams, L. (2013). Do you see what I see?: An exploration of inter-ethnic ideal body size comparisons among college women. *Body Image: An International Journal of Research*, 10: 369-379. doi: 10.1016/j.bodyim.2013.03.005.

Lyerly, J., Huber, L. R., **Warren-Findlow, J.**, Racine, E. F., & Dmochowski, J. (2014). Is breakfast skipping associated with physical activity among US adolescents? A cross-sectional study of NHANES adolescents aged 12-19. *Public Health Nutrition*, 17(4): 896-905. doi:10.1017/S1368980013000700

**Warren-Findlow, J.**, Basalik, D. W., Dulin, M., Tapp, H., & Kuhn, L. (2013). Preliminary Validation of the Hypertension Self-Care Activity Level Effects (H-SCALE) and Clinical Blood Pressure Among Patients with Hypertension. *Journal of Clinical Hypertension*, 15(9): 637-643.

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Raja, J., Arif, A., **Warren-Findlow, J.**, & Racine, E. F. (2013). Analysis of the Efficacy of the US Charity Care System. *World Medical & Health Policy*, 5(3):233-244.

Farley, K. E., Huber, L. R., **Warren-Findlow, J.**, & Ersek, J. L. (2014). The association between contraceptive use at the time of conception and hypertensive disorders during pregnancy: A retrospective cohort study of PRAMS participants. *Maternal and Child Health*, 18(8): 1779-85.

Hutchison, J. A., **Warren-Findlow, J.**, Dulin, M., Tapp, H., & Kuhn, L. (2014). The association between health literacy and diet adherence among primary care patients with hypertension. *Journal of Health Disparities Research and Practice*, 7(2):109-126.

**Warren-Findlow, J.**, Hutchison, J. A., Patel, P., Dulin, M., Tapp, H., & Kuhn, L. (2014). Assessing health literacy of hypertensive patients in a primary care setting using a self-administered questionnaire. *Journal of Health Care for the Poor and Underserved*, 25(4): 1833-43.

Mueffelmann, R. E., Racine, E. F., **Warren-Findlow, J.**, & Coffman, M. J. (2015). Perceived infant feeding preferences of significant family members and mother's intention to exclusively breastfeed. *Journal of Human Lactation* 31(3): 479-489.

Piper, C. N., Chalalakal, S., Sebastian, N., **Warren-Findlow, J.**, & Thompson, M. (2015). Race, socioeconomic status, HRQoL, and self-care of Type 2 diabetes mellitus among adults in North Carolina. *Southern Medical Journal*, 108(4): 212-216.

Smith, K., Brunner Huber, L., Issel, M., & Warren-Findlow, J. (*accepted*). "The Association between Maternal Depression during Pregnancy and Adverse Birth Outcomes: A Retrospective Cohort Study of PRAMS Participants". *Journal of Community Health*.

**Book Chapters**

Prohaska, T.R., Peters, K.E., & **Warren, J.S.** (2000). Health Behavior: From Research to Community Practice. In Albrecht, G.L., Fitzpatrick, R., & Scrimshaw, S.C. (Eds.), *Handbook of Social Studies in Health and Medicine* (pp. 359-373). London: Sage Publications.

**Warren-Findlow, J.**, Huber, L. B., Rouse, M. J., & Harver, A. R. (2009). Women and Asthma. In Harver, A. & Kotses, H. (Eds.), *Asthma, Health, and Society: A Public Health Perspective* (pp. 245-262). New York: Springer.

**Non Peer-reviewed Publications**

**Warren-Findlow, J.** & Hooker, S. P. (2009). Disentangling the risks of weight status, diet and physical activity. *Preventing Chronic Disease*, 6(4), <http://www.cdc.gov/pcd/issues/2009/oct/08-0247.htm>

**Invited Editorial/Commentary**

**Warren-Findlow, J.** (2013). Guest Editorial: Qualitative Research in JG:SS - "I'll take a side of

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coleslaw with that." *The Journal of Gerontology: Social Sciences*, 68(3): 407-08.  
10.1093/geronb/gbt017

**Peer-reviewed Presentations**

**Warren, J.S.**, Johnson, C.J., and Prohaska, T.R. "Planning and Implementing a Community-Based Exercise Study for Older Adults with Multiple Chronic Illnesses." Gerontological Society of America Annual Meeting, Washington, DC, November, 2000.

Prohaska, T.R., **Warren, J.S.**, and Johnson, C.J. "Compliance to a Community-Based Exercise Program in Older Persons with Multiple Chronic Illnesses." Gerontological Society of America Annual Meeting, Washington, DC, November, 2000.

**Warren-Findlow, J.**, Prohaska, T.R. "Issues in Recruitment and Retention of Older African-Americans into an Exercise Research Study." Gerontological Society of America Annual Meeting, Chicago, November, 2001.

**Warren-Findlow, J.S.**, Prohaska, T.R. "Compliance to a Community-Based Exercise Program in Older Persons with Multiple Chronic Illnesses." American Public Health Association Annual Meeting, Atlanta, October, 2001.

Prohaska, T., **Warren, J.**, Hughes, S. "Sustaining Exercise Research Interventions in Older Populations: Issues in Program Dissemination and Diffusion." World Congress of the International Association of Gerontology, Vancouver, British Columbia, July 1-6, 2001.

**Warren-Findlow, J.** "Explanatory Models of Heart Disease in Older Black Women and their Influence on Illness Management Behaviors." Gerontological Society of America Annual Meeting, Boston, November, 2002.

**Warren-Findlow, J.** "Health Priorities of Older African American Women with Early Stage Heart Disease." Gerontological Society of America Annual Meeting, San Diego, November 2003. [poster]

**Warren-Findlow, J.** & Prohaska, T.R. "Changes in Self-Rated Health of Older Adults with Chronic Illnesses Who are Participating in an Exercise Intervention." Gerontological Society of America Annual Meeting, San Diego, November 2003.

**Warren-Findlow, J.** "Explanatory Models of Heart Disease in Older African American Women." Midwest Qualitative Research Conference, Minneapolis, June, 2003. [oral]

Schneider, D.E., **Warren-Findlow, J.** & Prohaska, T.R. "Exercise in Older Adults: How Should Physicians and Patients Get the Message?" Society for Teachers of Family Medicine Annual Spring Conference, Toronto, Canada, May 2004. [poster]

**Warren-Findlow, J.** "Journey of the Heart: Older African American Women Discuss Their Heart Disease." Gerontological Society of America Annual Meeting, Washington, DC, November

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2004.

Schneider, D. & **Warren-Findlow, J.** "Physician Practices for Delivering Physical Activity Recommendations to Older Adults." Gerontological Society of America Annual Meeting, Washington, DC, November 2004. [oral]

Nelson, S. & **Warren-Findlow, J.** "Older Adult Preferences for Physical Activity Counseling During the Medical Encounter." Gerontological Society of America Annual Meeting, Washington, DC, November 2004. [oral]

Prohaska, T. R., **Warren-Findlow, J.** & Peters, K. E. "Communicating Physical Activity Recommendations: Perspectives of Health Care Providers and Older Adults." Symposium presentation for 18<sup>th</sup> Congress of the International Association of Gerontology, Rio de Janeiro, Brazil, June 2005. [oral]

**Warren-Findlow, J.** "Stress, Nerves and Depression in Older African American Women with Chronic Illness." 58<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL, November 2005. [oral]

Prohaska, T.R. (chair) & **Warren-Findlow, J.** (co-chair). "Counseling Physical Activity with Older Adults: Opportunities and Challenges for Diverse Health Care Providers." 58<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL, November 2005. [oral]

**Warren-Findlow, J.** "Physical Activity Counseling with Older Adults: Approaches by Physician Medical Specialty." 58<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL, November 2005. [oral]

Nolting, J. & **Warren-Findlow, J.** "The Role of Parish Nurses: Advocates for Physical Activity in Older Adults." 58<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL, November 2005. [oral]

Peters, K. P., Glasser, G., Salberg, A., Nolting, J., **Warren-Findlow, J.** & Prohaska, T. "Rural provider practices and rural older adult preferences regarding physical activity counseling." 133<sup>rd</sup> Annual Meeting of the American Public Health Association, Philadelphia, PA, December 2005.

**Warren-Findlow, J.** "Older African Americans and Chronic Illness." North Carolina Society of Public Health Educators, Charlotte, NC, October, 2006. [oral]

**Warren-Findlow, J.** "Families, social support and self-care in older African American women with chronic illness." 134<sup>th</sup> Annual Meeting of the American Public Health Association, Boston, MA, November 2006. [oral]

**Warren-Findlow, J.**, Rouse, M. J., & Seymour, R. B. "Age and regional differences in the African American Acculturation Scale (AAAS): The case for re-validation." 135<sup>th</sup> Annual Meeting of the

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American Public Health Association, Washington, DC, November 2007. [oral]

Rouse, M. J., **Warren-Findlow, J.**, & Seymour, R. B. "African Americans, health behaviors, and acculturation: Does age matter?" 135th Annual Meeting of the American Public Health Association, Washington, DC, November 2007. [oral]

**Warren-Findlow, J.**, Seymour, R. B., & Rouse, M. J. "Re-validating the African American Acculturation Scale (AAAS): Examining Age and Regional Differences." 60<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Francisco, CA, November 2007. [poster]

**Warren-Findlow, J.** & Davis, Christine. "The mystery of the troubled breast: A fictional narrative autoethnography." Annual Meeting of the Southern States Communication Association, Norfolk, VA, April 2009. [oral]

**Warren-Findlow, J.**, Seymour, R. B., Shenk, D. & Matthews, C. "Recruiting African American Older Parent-Adult Child Dyads With Hypertension (CHAAF)." 62nd Annual Meeting of the Gerontological Society of America, Atlanta, GA, November 2009. [poster]

**Warren-Findlow, J.**, Mathews, A.E., & Laditka, J.N. "Primary Care Providers' Sources And Preferences For Cognitive Health Information." 62nd Annual Meeting of the Gerontological Society of America, Atlanta, GA, November 2009. [oral]

**Warren-Findlow, J.** & Seymour, R. B. "Development and validation of a new measure to assess Hypertension Self-Care Activity Level Effects (H-SCALE)." 138th Annual Meeting of the American Public Health Association, Denver, CO, November 2010. [poster]

**Warren-Findlow, J.**, Laditka, J. N., Laditka, S. B., & Thompson, M. E. "Ties that bind: Social relationships and emotional well-being among middle aged and older African Americans." 138th Annual Meeting of the American Public Health Association, Denver, CO, November 2010. [oral]

**Warren-Findlow, J.**, Laditka, J. N., Thompson, M. E., & Laditka, S. B. "Social interactions and self-rated physical health among midlife and older African Americans." 63rd Annual Meeting of the Gerontological Society of America, New Orleans, LA, November 2010. [poster]

**Warren-Findlow, J.** & Seymour, R. B. "Factors associated with hypertension self-care in African American adults." 63rd Annual Meeting of the Gerontological Society of America, New Orleans, LA, November 2010. [oral]

**Warren-Findlow, J.** & Seymour, R. B. "Intergenerational influence on hypertension self-care: African American older parent-adult child dyads and physical activity." 63rd Annual Meeting of the Gerontological Society of America, New Orleans, LA, November 2010. [poster]

Laditka, J., **Warren-Findlow, J.**, & Laditka, S. "African Americans' emotional health may be linked with views about maintaining cognitive health." 63rd Annual Meeting of the

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Gerontological Society of America, New Orleans, LA, November 2010. [poster]

Davis, C., **Warren-Findlow, J.**, & Myers, C. "African American Spouses with Hypertension (AASH): Co-construction of liminal health spaces in dyadic communication." 2010 National Conference on Health Communications, Marketing and Media, Atlanta, GA, August 2010. [oral]

**Warren-Findlow, J.**, & Seymour, R. B. "The association between hypertension knowledge and self-efficacy with weight management practices among African Americans with hypertension." 32<sup>nd</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC, April 2011. [poster]

**Warren-Findlow, J.**, Thompson, M. E. & Seymour, R. B. "The association of chronic disease self-care with self-rated health among African Americans with hypertension." 32<sup>nd</sup> Annual Meeting of the Society of Behavioral Medicine, Washington, DC, April 2011. [poster]

Thomas, M. L., **Warren-Findlow, J.**, Thompson, M. E., & Clapsadl, M. "The cumulative effect of education disruption and assault on homelessness among African American midlife and older adults." 64th Annual Meeting of the Gerontological Society of America, Boston, MA November 2011. [poster]

Racine, E. F., Lyerly, J., Troyer, J. L., **Warren-Findlow, J.**, & McAuley, W.J. The Influence of home-delivered Dietary Approach to Stop Hypertension (DASH) meals on body mass index and percent of energy needs consumed among older adults with cardiovascular disease. American Society for Nutrition, Experimental Biology Meeting, 2012; San Diego, CA.

**Warren-Findlow, J.**, Patel, P. M., Hutchison, J., Dulin, M., Tapp, H., & Kuhn, L. "Racial disparities in health literacy in a primary care setting." 140th Annual Meeting of the American Public Health Association, San Francisco, CA, October 2012. [poster]

Patel, P. M., **Warren-Findlow, J.**, Bawtinhimer, A., Dulin, M., Tapp, H., & Kuhn, L. "Association between health literacy and medication adherence among hypertensive adults." 140th Annual Meeting of the American Public Health Association, San Francisco, CA, October 2012. [poster]

Bawtinhimer, A., **Warren-Findlow, J.**, Patel, P. M., Dulin, M., Tapp, H., & Kuhn, L. "Examining health literacy and weight management among adults with chronic disease." 140th Annual Meeting of the American Public Health Association, San Francisco, CA, October 2012. [poster]

Cunningham, S., **Warren-Findlow, J.**, & Arif, A. A. "Life course disadvantage of African Americans and chronic disease in adulthood." 140th Annual Meeting of the American Public Health Association, San Francisco, CA, October 2012. [oral]

Piper, C., Chakalakal, S., Thompson, M. E., & **Warren-Findlow, J.** "Impact of race/ethnicity and health related quality of life on the management of Type II diabetes among adults in North Carolina: Results from the 2009 Behavioral Risk Factor Surveillance System." 140th Annual Meeting of the American Public Health Association, San Francisco, CA, October 2012. [poster]

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Breede, D. C., Davis, C. S., & **Warren-Findlow, J.** "The absence of slavery in an apartheid South: Revisionism, representation, and rhetoric in the New South." Panel symposium at Southern States Communication Association in Louisville, KY, April 2013 [panel]

Breede, D. C., Davis, C. S., & **Warren-Findlow, J.** "Lettering gender: The rhetoric of absence and revolutionary womanhood." Panel symposium at Southern States Communication Association in Louisville, KY, April 2013 [panel]

Breede, D. C., Davis, C. S., & **Warren-Findlow, J.** "Lettering our lives: Gender representations and grave markers." Panel symposium at Southern States Communication Association in Louisville, KY, April 2013 [panel]

Davis, C. S., **Warren-Findlow, J.**, & Breede, D. C. "(Dis)Embodied ethnography: On fieldwork and field work." Paper accepted for National Communication Association in Washington, DC, November 2013 [paper]

**Warren-Findlow, J.**, Dulin, M., Tapp, H., & Kuhn, L. "Examining the relationship between hypertension self-care activities and blood pressure in a primary care setting." 141st Annual Meeting of the American Public Health Association, Boston, MA, October 2013. [oral presentation]

**Warren-Findlow, J.**, Platonova, E. A., Hutchison, J. A., & Saunders, W. "Perceptions of patient centered medical home and self-rated health among midlife adults." 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC, November 2014. [poster]

**Warren-Findlow, J.**, Platonova, E. A., Hutchison, J. A., & Saunders, W. "Lifestyle counseling and satisfaction with provider communication among midlife adults." 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC, November 2014. [poster]

Allen, C. M., & **Warren-Findlow, J.** "The influence of chronic disease on poor self-rated physical health: Does it differ among Whites and Minorities?" Beverly Earle Health Disparities Conference, Charlotte, NC, February 2015.

Elnitsky, C., Olorunsaiye, C., **Warren-Findlow, J.**, Jenner, A. & Wiese, D. "Examining service use and academic success among veteran students." Access to Culturally Competent Health Services: Serving Military Veterans from a Holistic Perspective, February 24, 2015 [poster]

**Warren-Findlow, J.**, Reeve, C., Racine, E. F. "Validation of a brief self-report index to assess DASH diet quality." International Society on Behavioral Nutrition and Physical Activity (ISBNPA), Edinburgh, Scotland, June 2015. [oral presentation]

Racine, E. F., Mumford, E., Allen, C. & **Warren-Findlow, J.** "Determinants of Adolescent Restaurant Spending in the United States". International Society on Behavioral Nutrition and Physical Activity (ISBNPA), Edinburgh, Scotland, June 2015. [oral presentation]

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Platonova, E. A., **Warren-Findlow, J.**, Hutchison, J. A., & Saunders, W. "Patient Perceptions of Patient-Centered Medical Home Characteristics and Satisfaction with Health Care Provider." Academy Health Annual Research Meeting in Minneapolis, MN, June 2015. [poster]

Platonova, E. A., **Warren-Findlow, J.**, Hutchison, J. A., & Saunders, W. "Patient Perceptions of Patient-Centered Medical Home Characteristics and Satisfaction with Free Clinic Services." Academy Health Annual Research Meeting in Minneapolis, MN, June 2015. [oral presentation]

**Invited Presentations**

**Warren-Findlow, J.** "Social networks and chronic disease self-care in African Americans." Interdisciplinary Health Psychology meeting, UNC Charlotte, October 2009.

**Warren-Findlow, J.** "Factors influencing hypertension self-care in African Americans." Spring meeting of the Health Services Research Academy, UNC Charlotte, April 2010.

**Warren-Findlow, J.** "ROI: The need for population-based blood pressure control interventions." Spring meeting of the Beta Phi chapter of the Delta Omega Honorary Society in Public Health, UNC Charlotte, April 5, 2013.

**Research Funding**

"Acculturation, Racial Identity, and Health Behaviors of African Americans in Charlotte"  
University of North Carolina at Charlotte Faculty Research Grant  
Role: Principal Investigator  
Amount awarded: \$6000  
Status: Funded for 2005-2007

"Validation of the Weight Loss Outcome Expectations Scale in a Worksite Weight Loss Program"  
University of North Carolina at Charlotte Faculty Research Grant  
Role: Principal Investigator  
Amount awarded: \$5973  
Status: Funded for 2008-2009

"Self-care Practices Among Intergenerational African American Families with Chronic Illness"  
Funder: NIH/NIA (1R03AG030523-01A1)  
Role: Principal Investigator  
Amount awarded: \$123,704  
Status: Funded for 8/15/2008 - 7/31/2010; no cost extension 8/1/2010 - 7/31/2011

"Refining the DASH Diet Scale for Hypertension Self-Care"  
University of North Carolina at Charlotte Faculty Research Grant  
Role: Principal Investigator  
Amount awarded: \$6000  
Status: Funded for 2013-2014

"The influence of isometric exercise training and hypertension self-care on resting blood

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pressure”

University of North Carolina at Charlotte Faculty Research Grant

Role: Co-Principal Investigator

Amount awarded: \$9320

Status: Funded for 2015-2016

**TEACHING**

**Classroom Instruction: University of North Carolina at Charlotte**

**Undergraduate courses:**

2005-2006 Health and Quality of Life; Healthy Lifestyles (summer 2006)  
2006-2007 Women: Middle Age and Beyond; Health and Quality of Life  
2007-2008 Health and Quality of Life  
2008-2009 Women: Middle Age and Beyond  
2009-2010 Women: Middle Age and Beyond  
2010-2015 Foundations of Public Health (9)

**Master’s level courses:**

2005-2006 Social and Behavioral Foundations of Public Health; Theories of Behavior Change; Strategies in Community Health (co-taught)  
2006-2007 Social and Behavioral Foundations of Public Health; Strategies in Community Health (co-taught)  
2007-2008 Theories of Behavior Change; Social and Behavioral Foundations of Public Health; Strategies in Community Health (co-taught)  
2008-2009 Theories of Behavior Change; Strategies in Community Health (co-taught); Social and Behavioral Foundations of Public Health  
2009-2010 Theories of Behavior Change; Strategies in Community Health; Social and Behavioral Foundations of Public Health  
2010-2015 Theories of Behavior Change; Social and Behavioral Foundations of Public Health

**Doctoral level courses:**

2005-2006 Design of Health Services Research (co-taught)  
2006-2007 Design of Health Services Research (co-taught)  
2007-2008 Design of Health Services Research (co-taught)  
2008-2009 Design of Health Services Research (co-taught)  
2015- Qualitative Research I

**Master’s Thesis/Capstone Committees - Chair**

2007 Ariele R. Edwards, “Evaluation of Video Opportunities for Innovation Condom Education and Safer Sex (VOICES/VOCES)”, MSPH, The University of North Carolina at Charlotte [thesis]  
2007 Jessica L. Toth, “Homelessness and Health: Addiction Narratives from the Street”, MSPH, The University of North Carolina at Charlotte [thesis]

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- 2008 Y. Omar Whiteside, "Internalized Homophobia, Homosexual Identity Formation, and HIV Risk Behaviors in Adult Black Men who have Sex with Men", MSPH, The University of North Carolina at Charlotte [thesis]
- 2010 Margaret Bryan Ellis, "A Cross-Sectional Study Examining the Relationships between Social Support and Condom Use in Older Adults", MSPH, The University of North Carolina at Charlotte [thesis]
- 2010 Tamara Hawkins, "Reducing HIV Transmission among High Risk Minority Youth and Adolescents", MSPH, The University of North Carolina at Charlotte [project]
- 2010 Einab Weingarten, "Education disruption and psychological health of African American adults: Are effects mediated by family social ties?", MSPH, The University of North Carolina at Charlotte [thesis]
- 2011 Melicent R. Miller, "STI Knowledge, Perceived Risk, and Screening Behaviors in College Students", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Shellery D. Cunningham, "Association of Childhood Welfare Status of African Americans and Chronic Disease in Adulthood", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Mona A. Elgowainy, "Re-admission and Patient Satisfaction and the Association with Outpatient Joint Arthroplasty", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Kathryn M. Kole, "The Association Between Obesity And Surgical Outcomes In Femur Fracture Patients", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Rachel M. Miller, "Sexual behavior practices and human Immunodeficiency virus testing among young black men who have sex with men", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Pushti M. Patel, "The Association Between Health Literacy and Medication Adherence Among Patients Diagnosed with Hypertension", MSPH, The University of North Carolina at Charlotte [thesis]
- 2013 Anne C. Dennos, "The Relationship Between Surrogate health Information Seeking and Health-Related Social Media Engagement among U.S. Adults," MSPH, The University of North Carolina at Charlotte [thesis]
- 2013 Randi A. Gordon, "The Association of HIV Status and HRQoL Among Men Who Have Sex with Men in the Southeastern United States," MSPH, The University of North Carolina at Charlotte [thesis]

**JAN WARREN-FINDLOW, PhD**

- 2014 Samantha-Rae Dickenson, "The Association Between Maternal Marital Status And Early And Late Fetal Mortality In The U.S.: A Cross-Sectional Study Of 2010 NVS Fetal Death Data Files," MSPH, The University of North Carolina at Charlotte [thesis]
- 2014 Molly R. McKinney, "Electronic Health Communication on Pre-Menstrual Dysphoric Disorder: A Content Analysis," MSPH, The University of North Carolina at Charlotte [thesis]
- 2015 Tony D. McLaurin, "An Examination Of The Association Between College Students' Perceptions Of Internet And Health Educator Credibility And HIV Screening," MSPH, The University of North Carolina at Charlotte [thesis]

*Master's Thesis/Capstone Committees - Member*

- 2006 Pilar del Castillo Zuber, "High Levels of College Alcohol, Sexual, and Tobacco Health-Risk Behaviors: Are They Continuing From High School or Related to the Transition to College?," MSPH, The University of North Carolina at Charlotte [thesis]
- 2008 Jennifer L. Ersek, "Emergency Contraception Use and Knowledge among College-aged Women", MSPH, The University of North Carolina at Charlotte [thesis]
- 2010 Thamara Alkhazraji, "A Cross-Sectional Study Examining the Relational Dynamics of Happiness and Communication on Future Pregnancy Readiness and Intention", MSPH, The University of North Carolina at Charlotte [thesis]
- 2010 Jemi Johnson, "A Qualitative Study of Identity Construction in a Battered Women's Shelter", MA, Communication Studies, The University of North Carolina at Charlotte [thesis]
- 2010 Holly Patterson, "The Association between Social Support and Contraceptive Use: Results from the Views and Intentions towards Pregnancy Study", MSPH, The University of North Carolina at Charlotte [thesis]
- 2010 Junaid Raja, "Hole in the Safety Net? An Analysis of the Beneficence of the US Charity Care System", MSPH, The University of North Carolina at Charlotte [thesis]
- 2010 Melissa Smith, "Exploration of a Parent Curriculum for Girls on the Run", MSPH, The University of North Carolina at Charlotte [project]
- 2011 Constance Herron, "Preparing Tools to Determine Perceptions of Breast Cancer Screening in a Rural Population", MSPH, The University of North Carolina at Charlotte [project]

**JAN WARREN-FINDLOW, PhD**

- 2011 Jabrenta L. Hubbard, "Effects of a Brief Mindfulness-Based Program on Older Adults' Recall and Well-Being", MA, Gerontology, The University of North Carolina at Charlotte [thesis]
- 2011 TaTreka Polite Middleton, "Race, Socioeconomic Status, and Rural/Urban Geographic Disparities in the Management of Diabetes Among Adults in North Carolina", MSPH, The University of North Carolina at Charlotte [thesis]
- 2011 Shilpa Chakalakal, "Management of Type II Diabetes Mellitus and Health Related Quality of Life among Adults in North Carolina", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Elizabeth Broel, "The Association between Client Type and Condom Use with Steady and Unsteady Partners among Persons Seeking HIV Testing and Counseling Services in Kenya", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Katie Cooper, "The Association between Contraceptive Use at the Time of Conception and Hypertensive Disorders during Pregnancy: A Retrospective Cohort Study of PRAMS Participants", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Yao He, "The Association Between Living Alone And Energy Balance Among Older Adults: NHANES 2007-2008", MSPH, The University of North Carolina at Charlotte [thesis]
- 2012 Jordan Lyerly, "The Relationship Between Breakfast Skipping And Physical Activity Among Adolescents Aged 12-19", MSPH, The University of North Carolina at Charlotte [thesis]
- 2013 Rebecca Mueffelman, "Infant Feeding Preferences of Significant Family Members and Mother's Intention to Breastfeed," MSPH, The University of North Carolina at Charlotte [thesis]
- 2013 Allison E. Infinger, "The Relationship Between Parental Perceived Discrimination and HPV Vaccination Initiation in Children Aged 8 to 17," MSPH, The University of North Carolina at Charlotte [thesis]
- 2014 Kenesha F. Smith, "The Association between Maternal Depression during Pregnancy and Adverse Birth Outcomes: A Retrospective Cohort Study of PRAMS Participants," , MSPH, The University of North Carolina at Charlotte [thesis]
- 2014 Emily Scott, "The Association between Union Status and HIV Testing and Condom Use: Examination of Data from the National Health and Nutrition Examination Survey (2009-2010)," MSPH, The University of North Carolina at Charlotte [thesis]

*Curriculum Vitae*

**JAN WARREN-FINDLOW, PhD**

- 2014 Jenifer L. Lavigne, "Pediatric Inpatient Nurses' Knowledge and Perceptions of Child Maltreatment," MSPH, The University of North Carolina at Charlotte [thesis]
- 2015 Joanna K. Ball, "xxx," MSPH, The University of North Carolina at Charlotte [thesis]

**Doctoral Dissertation Committees - Member**

- 2010 Kristin L. Daley, "Exercise-based Cognitive Therapy as a Novel Treatment for Insomnia and Depression", PhD Health Psychology, The University of North Carolina at Charlotte
- 2010 Chengxiu Sun, "Disentangling the Complex Racial Disparities in Health among Adult Beneficiaries Under Medicaid Managed Care: A Structural Equation Modeling Approach", PhD Public Policy, The University of North Carolina at Charlotte
- 2011 Charlsie A. Myers, "The Effect of Anger Rumination on Cardiovascular Responses during Self-anger and Other-Anger", PhD Health Psychology, The University of North Carolina at Charlotte
- 2012 Steven J. Hardy, "Health-related Disparities in Pediatric Asthma: Morbidity, Attitudes Toward Illness, and Symptom Perception", PhD Health Psychology, The University of North Carolina at Charlotte
- 2013 Melanie J. Rouse, "Exploring the effects of Being A Peer Educator on African American Breast Cancer Survivors", PhD Health Services Research, The University of North Carolina at Charlotte

***PROFESSIONAL, ACADEMIC, AND COMMUNITY SERVICE***

*My professional service activities reflect my dual interests in public health and gerontology with a focus on qualitative research methods and health disparities. I have served in various roles at national, university, college, and department levels since my appointment at UNC Charlotte. I have developed master's and doctoral curricula and worked to maintain academic and research ethical standards.*

**Professional Service**

**Extramural Grant Reviews**

- 2003 The Rapides Foundation, Alexandria, Louisiana
- 2005 Project EXPORT Center of Excellence in Rural Health, University of Illinois College of Medicine at Rockford
- 2007 NIH: Specialized Centers of Interdisciplinary Research on sex and gender factors affecting women's health (SCOR) - Internet Reviewer
- 2007 West Virginia University Grants for Public Service
- 2009 National Center for Minority Health and Health Disparities (NCMHD): GO Grants on Social Determinants of Health, Panel 4
- 2013 Early Career Reviewer for Center for Scientific Review at National Institutes of Health

**JAN WARREN-FINDLOW, PhD**

- 2014 Community Level Health Promotion (CLHP) Study Section ad hoc reviewer, NIH (June, reviewed 4 proposals)  
Special Expert Panel (SEP) member for NIH R15 submissions (November, reviewed 6 proposals)
- 2014 Health Research Board of Ireland
- 2015 Community Level Health Promotion (CLHP) Study Section ad hoc reviewer, NIH (February, reviewed 9 proposals)

**Ad Hoc Manuscript Reviews**

*American Journal of Health Promotion, American Journal of Public Health, Ethnicity and Health, Health Promotion Practice, International Journal of Qualitative Methods, Journal of Applied Gerontology, Journal of the National Medical Association, Anxiety, Stress, and Coping, Journal of Cross-Cultural Gerontology, Preventive Medicine, Qualitative Health Research, Qualitative Inquiry, Research on Aging, Social Science & Medicine, The Gerontologist, The Journal of Aging and Health*

**Editorial Boards**

*American Journal of Health Behavior* (2006-2008)  
*Journal of Gerontology: Social Sciences* (2008-present)  
*Associate Editor (Qualitative Research)*; 2012-present)  
*Health Behavior and Policy Review – Founding Member of Board of Associate Editors* (2013 – present)

**Professional Organizations**

American Public Health Association (APHA), Gerontological Health Section (member since 1995), abstract reviewer (2004-2010), Program Co-Chair (2007-2009)  
Gerontological Society of America, Behavioral and Social Science section (member since 1997), abstract reviewer (2004 - 2014)

**Academic Service**

**Department Service**

MSPH Program Admissions Committee, Department of Public Health Sciences (2005-2008)  
MSPH Program Curriculum Committee (2005-2007)  
Faculty Search Committee (2005-2006)  
PhD Planning Committee (2005-2012), Chair  
Kinesiology Faculty Search Committee (2007-2008)  
Public Health Programs Governance Committee (2007-2008, 2009-2010; 2011-present)  
School of Public Health Planning Committee (2008-2010)  
MSPH Program Committee (2009-present)  
PhD Director Search Committee (2012-2013), Chair  
Department Review Committee (2013-2014), Co-Chair; (2015-2016)  
PhD Executive Committee (2013-present)

**College Service**

College of Health and Human Services Curriculum Committee (2005-2009)

**JAN WARREN-FINDLOW, PhD**

Faculty Handbook Working Group to Revise RPT Procedures (2012-2013), Chair  
Faculty Organization, Chair-Elect (2013-2014), Chair (2014-2015)

**University Service**

Crossroads Learning Network (2005-2007)  
Academy of Qualitative Research (2005-2010) – Director (2007-2009)  
Safe Zone Ally (2008-present)  
UNC Charlotte Institutional Review Board (August 2008-2014)  
Trans\* Committee (Spring 2013-present)  
Faculty Executive Council Alternate (2013-2015)  
Faculty Hearing Committee (2014-2018)  
Advisory Committee to the Chancellor for Employee Health and Wellness (ACCEHW, 2014-2015)  
ADVANCE New Faculty Mentoring Program (2014-2015) for Mendy Ozan, Atkins Library  
Faculty Academic Planning and Budgeting Committee (2014-2015)

**Interdisciplinary Service**

Gerontology Program Executive Committee (2006-2010)  
Health Psychology PhD Program Advisory Committee (2010-2014)  
Comprehensive Review Committee for Psychology Department Chair (2012)  
Annual Review Committee for Health Psychology PhD Director (2013)

**Community Service**

**Community Engagement**

American Heart Association/American Stroke Association – Power to End Stroke Task Force Leadership Council (2009-2011); UNCC Go Red For Women Initiative (2013); Charlotte Region Mission Leadership Council (2012-2015)  
Friends School of Charlotte (2011-2014) – Board member; Secretary (2012-2013)

**Media Presentations**

Online – Qcity Metro; “Working toward a smoke-free family,” invited columnist (April 3, 2013)  
Radio – WBAV 101.9 FM; “Straight Talk with Bea Thompson”, expert commentary as part of Stroke Awareness Month (May 3, 2009)  
Television – FOX news (WCCB-TV); Fewer African Americans getting H1N1 vaccine (December 11, 2009)  
Print – The Charlotte Observer; “Ideas abound at meeting on how to fix health care” (December 30, 2008)  
Print – The Charlotte Observer; “\$123,000 grant goes to study on blood pressure” (February 24, 2009)  
Online – Kaiser Daily health Policy Report; “Letters to Editor Address *New York Times* Editorial About U.S. Health Care Costs” (November 28, 2007)

*Curriculum Vitae*

**JAN WARREN-FINDLOW, PhD**

**Advanced Training**

Thinking Qualitatively, weeklong workshop series sponsored by the International Institute for Qualitative Methodology, August 2002, Edmonton, Alberta

Qualitative Research for Behavioral Medicine, workshop sponsored by the Society of Behavioral Medicine, March 2007, Washington, DC

Leadership UNC Charlotte, workshop series sponsored by the UNC Charlotte NSF ADVANCE grant, 2011-2012

Public Responsibility in Medicine and Research (PRIM&R) - IRB 201, Winston-Salem, NC, 5/17/2013