

**JENNIFER B. WEBB**  
*(formerly Jennifer L. Best)*

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North Carolina Licensed Psychologist #3422

**EDUCATION & TRAINING**

- 1997: B.A. Cognitive Neuroscience *magna cum laude*, Harvard University  
2001: M.A. Psychology, University of Southern California  
2004-2005: Pre-doctoral Internship in Clinical Psychology, Health Psychology Track,  
Duke University Medical Center  
2005: Ph.D. Psychology (Clinical), University of Southern California

**ACADEMIC POSITIONS HELD**

- 2014-Present: Associate Professor of Psychology and Health Psychology, UNC Charlotte  
2007-2014: Assistant Professor of Psychology and Health Psychology, UNC Charlotte  
2013-Present: Faculty Affiliate, Public Health Sciences Ph.D. Program, UNC Charlotte  
2013-Present: Faculty Affiliate, Department of Communication Studies, UNC Charlotte  
2007: Adjunct Instructor, Peace College  
2006-2007: Clinical Associate, Duke University Medical Center  
2005-2007: NIMH PREMIER Post-doctoral Research Fellow, Duke Integrative Medicine

**RESEARCH ACTIVITIES**

\*Denotes a student author under my supervision

**Peer Reviewed Articles**

- \*Schoenefeld, S. J., & **Webb, J. B.** (2013). Self-compassion and intuitive eating in college women: Examining the contributions of distress tolerance and body image acceptance and action. *Eating Behaviors, 14*, 493-496. doi: 10.1016/j.eatbeh.2013.09.001
- Webb, J. B.**, \*Hardin, A. S., \*Schoenefeld, S. J., \*Fiery, M. F., & \*Chou, Y. (2013). Acclimating to the high-octane college food environment: Weight gain status and psychological dimensions of appetite and food intake regulation among ethnically-diverse first-year women. *SAGE Open, Oct-Dec*, 1-8. doi: 10.1177/2158244013507435

- Webb, J. B.**, Warren-Findlow, J., \*Chou, Y., & \* Adams, L. (2013). Do you see what I see?: An exploration of inter-ethnic ideal body size comparisons among college women. *Body Image, 10*, 369-379. doi: 10.1016/j.bodyim.2013.03.005
- Webb, J. B.**, Butler-Ajibade, P., Robinson, S. A., & \*Lee, S. J. (2013). Weight-gain misperceptions and the third-person effect in Black and White college-bound females: Potential implications for healthy weight management. *Eating Behaviors, 14*, 245-248. doi: 10.1016/j.eatbeh.2013.03.002
- Webb, J. B.**, & \*Forman, M. J. (2013). Evaluating the indirect effect of self-compassion on binge eating severity through cognitive-affective self-regulatory pathways. *Eating Behaviors, 14*, 224-228. doi: 10.1016/j.eatbeh.2012.12.005
- Quinlan, M. M., Bates, B. R., & **Webb, J. B.** (2012). Michelle Obama “Got Back”: (Re)defining (counter)stereotypes of Black females. *Women & Language, 35*, 119-126.
- Webb, J. B.** (2012). Evaluating race/ethnicity in moderating baseline cardiometabolic risk and body composition changes in North Carolina first-year college women. *Women & Health, 52*, 553-569. doi: 10.1080/03630242.2012.694404
- Webb, J. B.**, & \*Hardin, A. S. (2012). A preliminary evaluation of BMI status in moderating changes in body composition and eating behavior in ethnically-diverse first-year college women. *Eating Behaviors, 13*, 402-405. doi: 10.1016/j.eatbeh.2012.06.004
- Robinson, S. A., **Webb, J. B.**, & Ajibade, P. T. (2011). Body image and modifiable weight control behaviors among Black females: A review of the literature. *Obesity, 20*, 241-252. doi:10.1038/oby.2011.54
- Webb, J. B.**, Applegate, K. A., & Grant, J. P. (2011). A comparative analysis of binge eating disorder and type 2 diabetes in a bariatric sample. *Eating Behaviors, 12*, 175-181. doi:10.1016/j.eatbeh.2011.04.007
- Klumpp, H., Keller, J., Miller, G. A., Casas, B. R., **Best, J. L.**, & Deldin, P. J. (2010). Semantic processing of emotional words in depression and schizophrenia. *International Journal of Psychophysiology, 75*, 211-215.
- Baran, B. E., Allen, J. A., Rogelberg, S. G., Spitzmuller, C., DiGiacomo, N., **Webb, J. B.** et al. (2009). Euthanasia-related strain and coping strategies in animal shelter employees. *Journal of the American Veterinary Medical Association, 235*, 83-88.
- Webb, J. B.**, Siega-Riz, A. M., & Dole, N. (2009). Psychosocial determinants of adequacy of gestational weight gain in women. *Obesity, 17*, 300-317.
- Casement, M. D., Shestyuk, A. Y., **Best, J. L.**, Casas, B. R., & Deldin, P. J. (2008). Anticipation of affect in dysthymia: Behavioral and neurophysiological indicators. *Biological Psychology, 77*, 197-204.
- Deldin, P. J., Keller, J., Casas, B. R., **Best, J. L.**, Gergen, J., & Miller, G. A. (2006). Normal N400 semantic processing in mood disorders. *Biological Psychology, 71*, 74-79.
- Deldin, P. J., Deveney, C. M., Kim, A. S., Casas, B. R., & **Best, J. L.** (2001). A slow wave investigation of working memory biases in mood disorders. *Journal of Abnormal Psychology, 110*, 267-281.

**Peer Reviewed Book Chapters**

- Davison, G. C., **Best, J. L.**, & Zanov, M. (2009). Think-aloud techniques. In W. O'Donohue & J. E. Fisher (Eds.), *General principles and empirically supported techniques of cognitive behavior therapy* (pp. 648-654). New York, NY: Wiley.
- Wolever, R. Q., & **Best, J. L.** (2009). Mindfulness-based approaches to eating disorders. In F. Didonna (Ed.), *Clinical handbook of mindfulness* (pp. 259-287). New York, NY: Springer.
- Davison, G. C., & **Best, J. L.** (2003). Think-aloud techniques. In W. O'Donohue, J. E. Fisher, & S. C. Hayes (Eds.), *Cognitive behavior therapy: Applying empirically supported techniques in your practice* (pp. 423-429). New York, NY: Wiley.
- Tsai, J. L., Przymus, D., & **Best, J. L.** (2002). Toward an understanding of Asian American interracial marriage and dating. In M. Yalom & L. L. Carstensen (Eds.), *Inside the American couple: New thinking/new challenges* (pp.189-210). Berkeley, CA: University of California Press.

**Manuscripts Under Review**

- \*Daye, C. A., **Webb, J. B.**, & \*Jafari, N. (revise & resubmit). *Exploring self-compassion as a refuge against recalling the body-related shaming of caregiver eating messages on dimensions of objectified body consciousness in college women.*
- \*Taylor, J. J., & **Webb, J. B.** (submitted). *Self-compassion attenuates the association between media ideal internalization and body dissatisfaction in college women.*
- Webb, J. B.**, Butler-Ajibade, P., & Robinson, S. A. (revise & resubmit). *Considering an affect regulation framework for the association between body dissatisfaction and positive body image in Black older adolescent females: Does body mass index matter?*

**Manuscripts in Preparation**

- \*Hardin, A. S., **Webb, J. B.**, Reeve, C. L., & Coffman, M. (in progress). *Weight and social norms: Predicting palatable food intake in first-year college women.*
- Webb, J. B.**, \*Jafari, N., \*Fiery, M. F., & \*Hardin, A. S. (in progress). *Examining an intra- and interpersonal model of self-compassion, body shame, and mindful eating.*

**Professional Presentations and Posters**

- \*Taylor, J. J., & **Webb, J. B.** (2014). *Self-compassion as a buffer against internalization of media appearance ideals.* Paper presented at the 2014 UNC Charlotte Undergraduate Research Conference, Charlotte, NC. \*Awarded the Atkins Library Undergraduate Research Award for the Social Sciences & Education; Received the 2<sup>nd</sup> Place UNC Charlotte Honors College Non-STEM Undergraduate Research Award.\*

- \*Taylor, J. J., & **Webb, J. B.** (2014). *Self-compassion as a buffer against internalization of media appearance ideals*. Poster presented at the North Carolina Psychological Foundation/Association's Poster Session, Charlotte, NC.
- \*Taylor, J. J., & **Webb, J. B.** (2014). *Self-compassion as a buffer against internalization of media appearance ideals*. Poster presented at the 23<sup>rd</sup> Annual Central Carolinas Conference in Psychology, Charlotte, NC.
- \*Daye, C. A., **Webb, J. B.**, & \*Jafari, N. (2014). *Examining self-compassion as a buffer in the link between caregiver eating messages and dimensions of objectified body consciousness in college women*. Poster to be presented at the Society of Behavioral Medicine's 35<sup>th</sup> Annual Meeting and Scientific Sessions, Philadelphia, PA.
- \*Hardin, A. S., **Webb, J. B.**, Reeve, C. L., & Coffman, M. (2014). *Weight and social norms: Predicting palatable food intake in first-year college women*. Poster to be presented at the Society of Behavioral Medicine's 35<sup>th</sup> Annual Meeting and Scientific Sessions, Philadelphia, PA.
- \*Daye, C. A., & **Webb, J. B.** (2013). *Examining self-compassion as a buffer in the link between caregiver eating messages and dimensions of objectified body consciousness in college women*. Poster presented at the 2<sup>nd</sup> Annual Charlotte Research Scholars Program Symposium, Charlotte, NC.
- \*Rodriguez Diaz, M. M., Peterman, A. H., & **Webb, J. B.** (2013). *Intragroup marginalization and health in bicultural college students*. Poster presented at the Society of Behavioral Medicine's 34<sup>th</sup> Annual Meeting and Scientific Sessions, San Francisco, CA.
- Webb, J. B.**, \*Jafari, N., \*Schoenefeld, S., & \*Hardin, A. (2013). *Examining a model of self-compassion, body shame, and mindful eating*. Poster presented at the Society of Behavioral Medicine's 34<sup>th</sup> Annual Meeting and Scientific Sessions, San Francisco, CA.
- \*Lee, S. J., & **Webb, J. B.** (2012). *Race, BMI status and the "Freshman 15": Exploring perceived first-year weight gain norms, weight-change concerns and expectations and beliefs about future peers' acceptance of body diversity among Black and White college-bound females*. Poster presented at the First Annual Charlotte Research Scholars Program Symposia, UNC Charlotte, Charlotte, NC.
- Ajibade, P. T., **Webb, J. B.**, & Robinson, S. A. (2012). *BMI status and expectations about weight gain and peer acceptance of body diversity among Black female incoming college students*. Poster presented at the 140<sup>th</sup> American Public Health Association's Annual Meeting, San Francisco, CA.
- Webb, J. B.**, Ajibade, P. T., & Robinson, S. A. (2012). *BMI status and expectations about weight gain and peer acceptance of body diversity among college-bound Black female high school graduates*. Poster presented at the 2012 Obesity Society Annual Scientific Meeting, San Antonio, TX.
- Webb, J. B.**, \*Hardin, A. S., \*Schoenefeld, S. J., \*Forman, M. J., & \*Chou, Y. (2012). *Weight gain status and changes in mindfulness, intuitive eating, and food presence appetite urges in ethnically-diverse first-year college women*. Poster presented at the Society of Behavioral Medicine's 33<sup>rd</sup> Annual Meeting & Scientific Sessions, New Orleans, LA.
- Webb, J. B.**, \*Schoenefeld, S. J., & \*Hardin, A. S. (2012). *Evaluating the role of intuitive eating in predicting first-semester body composition changes among ethnically-diverse*

- college women*. Poster presented at the American College Health Association's 2012 Annual Meeting, Chicago, IL.
- Wolever, R., Caldwell, K., Fikkan, J., Sanders, L., Greeson, J., **Webb, J.**, & Baime, M. (2012). *Enhancing mindfulness for the prevention of weight regain: Impact of the EMPOWER program*. Paper presented at the Society of Behavioral Medicine's 33<sup>rd</sup> Annual Meeting & Scientific Sessions, New Orleans, LA.
- Fikkan, J., Baime, M., Sanders, L., Greeson, J., **Webb, J.**, Wakefield, J., Ladden, L., Gresko, J., Wai, M., Stoney, C., & Wolever, R. (2010). *Mindfulness in the maintenance of weight loss: A randomized controlled trial of the EMPOWER program*. Paper presented at the International Congress on Behavioral Medicine, Washington, D.C.
- \*Forman, M.J., & **Webb, J.B.** (2010). *Emotion dysregulation in college students who binge eat and drink: Does comorbidity matter?* Poster presented at the 19<sup>th</sup> Annual Central Carolinas Conference in Psychology, Charlotte, NC.
- \*Sanchez, T., & **Webb, J.B.** (2010). *Exploring hardiness as a buffer between perceived weight discrimination and disordered eating in a college sample*. Poster presented at the Sigma Theta Tau Nursing Honor Society Conference, Gastonia, NC.
- Webb, J.B.** (2010). *Ethnicity and first-semester changes in obesigenic risk factors in college women*. Poster presented at the Society of Behavioral Medicine's 31<sup>st</sup> Annual Meeting and Scientific Sessions, Seattle, WA.
- \*White, L.A., & **Webb, J.B.** (2010). *A diathesis-stress perspective on low self-esteem, dating violence, and psychological adjustment in African American and European American college women*. Poster presented at the 19<sup>th</sup> Annual Central Carolinas Conference in Psychology, Charlotte, NC.
- \*Wallus, D., **Webb, J.B.**, Waxman, D., & Cleek, J. (2009). *Mindful Weigh: A mindfulness-based weight management support group in bariatric care*. Poster presented at the Society of Behavioral Medicine's 30<sup>th</sup> Annual Meeting and Scientific Sessions, Montreal, CANADA.
- Webb, J.B.** (2009). *Race-related stress and emotional eating among ethnically-diverse college women*. Poster presented at the 55<sup>th</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.
- Best, J. L.** (2008). *Evaluating "The Freshman 15": Biopsychosocial predictors of weight gain among first-year women*. Keynote presentation for the UNC Charlotte's Health Services Research Academy Annual Meeting, Charlotte, NC.
- Best, J. L.** (2008). *An evaluation of body image as a risk factor for obesity among Black women*. Paper presented at the Southeastern Psychological Association Convention's CEPO Minority Interest Group Meeting, Charlotte, NC.
- Greeson, J. M., Kristeller, J. L., Sheets, V. L., **Best, J. L.**, Davis, J., Psujek, J. et al. (2007). *Change in mindfulness during eating accounts for behavioral and metabolic treatment effects in obese binge eaters*. Paper presented at the 5<sup>th</sup> Annual Mindfulness Research Conference, Worcester, MA.
- Best, J. L.**, Ziegler, A., Yu, G., Geefay, H., & Davison, G. C. (2007). *Level of ethnic group affiliation moderates the link between perfectionistic self-presentation and body esteem*. Poster presented at the Society of Behavioral Medicine's 28<sup>th</sup> Annual Meeting and Scientific Sessions, Washington, DC.
- Best, J. L.**, Siega-Riz, A. M., Dole, N., & Evenson, K. R. (2007). *Psychological adjustment and health behaviors in pregnancy by pregravid BMI*. Poster presented at the Society

- of Behavioral Medicine's 28<sup>th</sup> Annual Meeting and Scientific Sessions, Washington, DC.
- Casement, M. D., Shestyuk, A. Y., **Best, J.** Casas, B. R., Deldin, P.J. (2006). Contingent negative variation as an indicator of affective processing in mood disorders. Poster presented at the 46<sup>th</sup> Annual Society for Psychophysiological Research Conference, Vancouver, British Columbia, CANADA.
- Wolever, R. Q., **Best, J. L.**, Sheets, V. L., Liebowitz, R. & Kristeller, J. L. (2006). *Biobehavioral outcomes of a mindfulness-based intervention for binge eating disorder (BED)*. Poster presented at the Duke Clinical Research Institute Fellows' Reception, Durham, NC.
- Wolever, R. Q., **Best, J. L.**, Sheets, V. L., Liebowitz, R. & Kristeller, J. L. (2006). *Biobehavioral outcomes of a mindfulness-based intervention for binge eating disorder (BED)*. Paper presented at the North American Research Conference in Complementary and Integrative Medicine, Edmonton, Alberta, CANADA.
- Wolever, R. Q., **Best, J. L.**, Sheets, V. L., Liebowitz, R. & Kristeller, J. L. (2006). *Biobehavioral outcomes of a mindfulness-based intervention for binge eating disorder (BED)*. Poster presented at the North American Research Conference in Complementary and Integrative Medicine, Edmonton, Alberta, CANADA.
- Casement, M. D., Shestyuk, A. Y., **Best, J. L.**, Casas, B. R., & Deldin, P. J. (2006). *Cortical and behavioral indicators of expectancy for affective events in depression and dysthymia*. Poster presented at the 46<sup>th</sup> Annual Society for Psychophysiological Research Conference, Vancouver, British Columbia, CANADA.
- Best, J. L.**, Wolever, R. Q., Sheets, V. L., Liebowitz, R., & Kristeller, J. L. (2006). *Mindfulness-based intervention for binge eating disorder (BED) enhances post-prandial glucose metabolism independent of weight change*. Poster presented at the Society of Behavioral Medicine's 27<sup>th</sup> Annual Meeting and Scientific Sessions, San Francisco, CA.
- Best, J. L.**, & Davison, G. C. (2006). *Ethnic identity and health values moderate the link between lifetime history of racism and the frequency of participation in adaptive health behaviors*. Poster presented at the Society of Behavioral Medicine's 27<sup>th</sup> Annual Meeting and Scientific Sessions, San Francisco, CA.
- Best, J. L.**, Applegate, K. L., Grant, J. P., McMahon, R. L., & Pryor, A. D. (2005). *Eating disorders and diabetes: Lessons learned from obese Type 2 diabetics seeking weight loss surgery*. Paper presented at the Society of Behavioral Medicine's 26<sup>th</sup> Annual Meeting and Scientific Sessions, Boston, MA.
- Best, J. L.**, & Davison, G. C. (2004). *Racism-related stress, hostility, and health: The roles of attributions and anger rumination*. Poster presented at the 38<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Best, J. L.**, & Davison, G. C. (2004). *A relational schema perspective on hostility and perceived racism under conditions of attributional ambiguity*. Paper presented at the 14<sup>th</sup> Annual Leibovitz Conference, University of Southern California, Los Angeles, CA.
- Best, J. L.**, & Davison, G. C. (2002). *Individual differences in the articulated thoughts and psychological impact of simulated racism encounters*. Poster presented at the 36<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Best, J. L.** (2001). *An ATSS analysis of racial identity attitudes, hardiness and coping with racism*. Paper presented at the 11<sup>th</sup> Annual Leibovitz Conference, University of Southern California, Los Angeles, CA.

- Casas, B. R., Deldin, P. J., & **Best, J. L.** (1998). *Semantic and emotional expectancy in major depression and dysthymia*. Poster presented at the 38<sup>th</sup> Annual Society for Psychophysiological Research Conference, Denver, CO.
- Best, J. L.**, & Deldin, P. J. (1998). *Cognition in the depressive disorders: The CNV link to the expectation of emotional information*. Poster presented at the 38<sup>th</sup> Annual Society for Psychophysiological Research Conference, Denver, CO.
- Best, J. L.** (1997). *Cognition in the depressive disorders: The CNV link to the expectation of emotional information*. Poster presented at the the First Annual Mind, Brain and Behavior Conference, Harvard Medical School, Boston, MA.

### Grants, Contracts, & Research Support

#### *Awarded:*

#### Federally-funded

- 2006-2008: NIH Loan Repayment Award through the National Center for Minority Health & Health Disparities: *Mindfulness Meditation and the Psychoneuroendocrinology of Binge Eating and Weight Loss Maintenance in Obesity* (Research Associate)
- 2008-2009: Duke University sub-contract Award through the National Center for Complementary and Alternative Medicine (\$10,300): *EMPOWER: Engaging Motivation for the Prevention of Weight Regain* (Research Associate)
- 2010-2013: NIH NIDDK R15 AREA Award (\$451,795): *Biopsychosocial Determinants of Weight Gain in Black First Year College Women* (Principal Investigator)
- 2012-2014: NIH Loan Repayment Award through the National Institute on Minority Health & Health Disparities (NIMHD): *A Mixed Methods Approach to Clarifying Biopsychosocial Determinants of Metabolic Risk in African American and European American College Women* (Principal Investigator)

#### University-funded

- 2008-2009: UNC Charlotte Faculty Research Grant (\$6,000): *Biopsychosocial Determinants of Weight Gain Among First-Year College Women* (Principal Investigator)
- 2008-2009: UNC Charlotte ADVANCE Grant Bonnie Cone Fellowship (\$4,800): *Biopsychosocial Determinants of Weight Gain Among First-Year College Women* (Principal Investigator)
- 2008-2009: UNC Charlotte College of Arts and Sciences Small Grant Program (\$800): *Conversations about Body Image and Health: Voices from African American and European American College Women* (Principal Investigator)
- 2012-2013: UNC Charlotte Faculty Research Grant (\$11,865): *Construction and Initial Validation of the Perceived Sizeism Experiences Questionnaire* (Co-Principal Investigator)

## TEACHING & INSTRUCTIONAL ACTIVITIES

### Undergraduate Courses Taught

- Introduction to Health Psychology (Fall 2007, Spring 2008, Fall 2008, Fall 2009)
- Special Topics in Positive Psychology (Spring 2009)
- Advanced Topics in Positive Psychology (Senior Capstone Course: Spring 2010)
- Positive Psychology (Spring 2012, Spring 2013, Spring 2014)
- Introduction to Clinical Psychology (Spring 2013)
- Independent/Individual Studies in Psychology/Undergraduate Research Assistantship (since Spring 2008)

### Graduate Courses Taught

- Health Psychology I (Fall 2011)
- Diversity in Health Psychology (Spring 2008, Spring 2009, Fall 2013)
- Practicum in Clinical Psychology (Health Psychology Focus: Fall 2008, Fall 2009, Spring 2011, Spring 2012, Fall 2012, Fall 2013)
- Topics in Psychological Treatment (Mindfulness, Self-Compassion, and Acceptance-based Therapies Focus: Spring 2010, Spring 2014)

### Charlotte Research Scholars Program Projects Supervised

Lee, S. J. (summer 2012). *Race, BMI status and the “Freshman 15”: Exploring perceived first-year weight gain norms, weight-change concerns and expectations and beliefs about future peers’ acceptance of body diversity among Black and White college-bound females.*

Daye, C. A. (summer 2013). *Examining self-compassion as a buffer in the link between caregiver eating messages and dimensions of objectified body consciousness in college women.*

### Independent Study Projects Supervised

- Spring 2008-Spring 2014: Supervised approximately 51 PSYC 3806 projects

### Departmental Honors Thesis Projects Supervised

In Progress



Completed

- Dawson, S. A. (Spring, 2014). *Mindfulness, psychological inflexibility, emotional reactivity and perceived stress and depression symptoms*. (Committee Member)
- Forman, M. J. (Spring, 2010). *A comparative analysis of intraindividual and interpersonal dimensions of emotion dysregulation in college students who binge eat and binge drink: Does comorbidity matter?* (Chair)
- Henry, K. (Spring, 2009). *The effects of technology on memory: Planners as a replacement for memory*. (Committee Member)
- Lyerly, J. (Spring, 2010). *How the diet and disease relationship affects food choice*. (Committee Member)
- Miller, K. (Spring, 2009). *Irritable Bowel Syndrome: Does age affect eating, appearance attitudes, and quality of life?* (Committee Member)
- Phillips, A. L. (Spring, 2011). *Media literacy, self-esteem and parental involvement: A retrospective study with 18-20 year old college students*. (Committee Member)
- Selby, S. (Fall, 2010). *Inauthenticity, self-esteem, and disordered eating in ethnically-diverse adolescent girls*. (Co-Chair)
- Taylor, J. J. (Spring, 2014). *Examining self-compassion in buffering the relationship between internalization of the thin ideal and disordered eating-related processes in college women*. (Chair)
- White, L. A. (Spring, 2010). *A diathesis-stress perspective on low self-esteem, dating violence, and psychological adjustment in African American and European American college women*. (Chair)

**Active Minds Emerging Scholar Fellow Research Mentorship**

- Moss, S. (Spring, 2014). *The experience of posttraumatic growth through eating disorder recovery*. Honors Thesis Project at Dickinson College. (Feb-June, 2014)

**Clinical-Community Psychology Master's Program Thesis Projects Supervised**In-Progress

- Huggins, S. (in preparation). *Youth voice and perceived control in treatment for youth in a system of care*. (Committee Member)
- Thomas, C. (in preparation). Title to be determined. (Committee Member)
- Vela, A. (in preparation). *The influence of culture and acculturation on binge eating disorder symptoms in Latina women*. (Committee Member)

Completed

- Burgin, E. (April, 2013). *"I hope I can find that here": An exploratory rhetorical analysis of social support in pro-eating disorder websites*. (Co-Chair)
- Guidry, M. A. (November, 2012). *Evaluating self-discrepancy and socio-cultural models of perfectionistic self-presentation, body image disturbance, and appearance management in college women*. (Chair)

- Parrella, A. (May, 2013). *Examining a model of emotional invalidation in childhood, self-compassion, and body shame*. (Co-Chair)
- Schoenefeld, S. (July, 2013). *Evaluating the indirect effects of self-compassion on intuitive eating through distress tolerance and body image acceptance pathways*. (Chair)
- Thompson, K. (July, 2013). *Accelerated massed desensitization in the treatment of test anxiety among college students*. (Committee Member)
- Wilkie, K. (November, 2009). *Exploring self-kindness and self-criticism as mediators in the relationship between mindfulness and depressive symptoms*. (Chair)

### **Nurse Practitioner Master's Program Synthesis Projects Supervised**

- Sanchez, T. (May, 2010). *Evaluating hardiness as a buffer in the relationship between perceived weight discrimination stress and disordered eating*. (Synthesis Project Supervisor: Nurse Practitioner Program, UNC Charlotte) (Chair)

### **Health Psychology Ph.D. Program Student Advisory Committees**

I currently serve as the Chair of 3, Co-Chair of 1, and as a Member of 3 Health Psychology Ph.D. Program Student Advisory Committees. I have also previously chaired 1 and have served on 3 additional student Advisory Committees for students in our doctoral program in past years.

### **Health Psychology Ph.D. Program Second Year Projects Supervised**

#### In Progress

- Jafari, N. (in preparation). *Examining online social networking exposure as a risk factor for explaining eating disorder symptomatology*. (Chair)

#### Completed

- Hardin, A. S. (September, 2013). *Weight and social norms: Predicting palatable food intake in first-year college women*. (Chair)
- Papadakis, M. T. (September, 2011). *Investigating race and gender disparities in health risks associated with respiratory disturbance during sleep in children and adolescents*. (Committee Member)
- Rodriguez Diaz, M. M. (December, 2012). *The effects of bicultural identity and experience on health in college students*. (Committee Member)

**Health Psychology Ph.D. Program Comprehensive Examination Projects Supervised****In Progress**

Hardin, A. S. (in preparation). Title to be determined. (Chair)  
 Phimphasone, P. (revising). *Examination of a culturally appropriate behavioral weight loss program for overweight and obese Latinas: A mixed methods approach.* (Committee Member)

**Completed**

Fiery, M. F. (May, 2014). *Adapting a "Health at Every Size" approach for overweight and obese primary care nurses.* (Chair)  
 McWhorter, L. (December, 2013). *The associations between caregiver psychological disorders, parenting behavior, and severity of child maltreatment among physically abusive caregivers.* (Committee Member)  
 Rodriguez Diaz, M. M. (January, 2014). *"Cultural identity crisis": Bicultural experience, acculturative stress, and the metabolic syndrome.* (Committee Member)  
 Wallus, D. (April, 2009). *Physiological feedback and adherence to a 6-month walking intervention.* (Committee Member)  
 Winford, E. C. (September, 2010). *Religion and spirituality among adolescents: A critical review of the literature examining the impact of religion and spirituality on health outcomes among adolescents.* (Committee Member)

**Health Psychology Ph.D. Program Dissertation Thesis Projects Supervised****Completed**

Alexander, D. (September, 2011). *Diagnostic and psychosocial predictors of excessive exercise use in adolescents with symptoms of anorexia or bulimia.* (Committee Member)  
 Hypes, A. (May, 2010). *Understanding deliberate self-harm among college women: Contributions of ideologies of femininity, emotion inexpressivity, and difficulties with emotion regulation.* (Committee Member)  
 Winford, E. C. (August, 2013). *Religion and spirituality as frameworks for meaning: An examination of adolescents' lived experiences of illness.* (Committee Member)

**Organizational Science Ph.D. Program Qualifying Examination Committee Participation**

Justice, L. (April & May, 2013). I contributed to the development and evaluation of Logan Justice's qualifying examination for the Organizational Science Ph.D. Program.

**Deakin University (Melbourne, Australia) School of Psychology Doctor of Psychology (Health) Dissertation Thesis Examiner**

Fredrickson, J. (April, 2014). *Perception of weight status in Australian adolescents*.  
(External Examiner)

**SERVICE/COMMUNITY ENGAGEMENT ACTIVITIES**

**Public/Community Service**

- Consultant to Girl Talk Foundation, Incorporated (2010—Present)
- Responsible Faculty/Graduate Student Supervisor, *The Beautiful Girls Program* (since Spring 2009): *Beautiful Girls* is a self-esteem enhancement program that was developed by 2 of our former HP clinical health psychology doctoral students. Currently, I provide periodic supervision/consultation to the Clinical-Community program masters' student who directly supervises the two undergraduate practicum students who are responsible for delivering the program within local urban middle schools.
- UNC Charlotte's Body Appreciation and Eating Disorders Awareness Walk Participant (February, 2010: sponsored and coordinated by members of my research team)
- UNC Center for Maternal and Infant Health's community publication contributor:

**Best, J. L., Mehta, U., & Siega-Riz, A. M. (2007).** Weight management during and after pregnancy. *Current Practices, Fall*, 6-7.

**University/College/Departmental Service**

- University Wellness Matrix Body Image Sub-Committee Member (Fall 2009-Spring 2010): participated in the campus' Love Your Body Awareness Day 10/21/09; helped to coordinate the Celebrate Your Body Awareness Week activities that took place during the week of 2/22/10-2/26/10 including having my research lab co-sponsor the campus' First Annual Body Appreciation & Eating Disorders Awareness (BAEDA) Walk
- Departmental Diversity Committee Member (since Fall 2009)
- Departmental Advisory Committee to the Chair Member (Fall 2012-Spring 2014)
- Child Clinical Psychology Faculty Search Committee Member (Fall 2012)
- Departmental Community Psychology Learning Community Faculty Affiliate (Fall 2013--)
- Health Psychology Ph.D. Program Faculty Ombudsperson (Fall 2012--)
- Director of Clinical Training Evaluation Coordination Committee Chair (Spring 2014)
- Diversity Sub-Committee Member, Health Psychology Ph.D. Program (Spring 2009): helped to develop a preliminary strategic plan for enhancing programmatic efforts to recruit and retain students from diverse backgrounds
- Clinical Progress Evaluation Sub-Committee Member, Health Psychology Ph.D. Program (Fall 2008): helped our DCT to develop the clinical comprehensive exam for our clinical health psychology doctoral students

- Clinical Curriculum Development Sub-Committee Member, Health Psychology Ph.D. Program (Summer 2013—Present)
- Diversity Inclusion Curriculum Sub-Committee Member, Health Psychology Ph.D. Program (Fall 2013—Present)
- Clinical Comprehensive Examination Evaluator (Spring 2014)
- Health Psychology Ph.D. Program Student Award/Summer Fellowship Review Committee Member (Spring 2011, Spring 2012, Spring 2013)
- Faculty Co-Advisor, Psychology Student Coalition/Psychology Club (Fall 2007-Spring 2011)
- Faculty Co-Advisor, Psi Chi Chapter (Fall 2007-Spring 2011)
- Faculty Advisor, Women of Worth Network (a graduate student-initiated women's health advocacy group) (since Fall 2009)
- Co-Coordinator, Central Carolinas Conference in Psychology (since Spring 2008)
- Lead Coordinator, Central Carolinas Conference in Psychology (Spring 2014)
- Small Group Presenter, North Carolina Psychological Association's Annual Psychology Undergraduate Conference (November, 2007; November, 2012)
- Graduate School Representative, North Carolina Psychological Association's Annual Psychology Undergraduate Conference (November, 2009, November, 2012)
- Guest Lecturer, UNC Charlotte Psychology Department (in faculty colleague's course, April, 2008)

#### Professional Service

- Abstract Reviewer for APA's Annual Convention (Division 12) (December, 2009)
- Abstract Reviewer for the Society of Behavioral Medicine's Annual Conference (2006-Present)
- Abstract Reviewer for the Southeastern Psychological Association's Annual Conference (2008—2010)
- Consulting Editor for *Cultural Diversity and Ethnic Minority Psychology* (March 2009—Present)
- Article Editor for *SAGE Open* (February 2014)
- *Ad hoc* Reviewer for *Eating Behaviors* (October 2011—Present)
- *Ad hoc* Reviewer for *Journal of Behavioral Medicine* (February 2012—Present)
- *Ad hoc* Reviewer for Office of Teaching Resources in Psychology (August 2012—Present)
- *Ad hoc* Reviewer for *Women & Health* (August 2012—Present)
- *Ad hoc* Reviewer for *Obesity* (October 2012—Present)
- *Ad hoc* Reviewer for the *Journal of Interpersonal Violence* (November 2012—Present)
- *Ad hoc* Reviewer for *Food, Culture, and Society* (October 2012—Present)
- *Ad hoc* Reviewer for *Body Image* (February 2013—Present)
- *Ad hoc* Reviewer for the *American Journal on Addictions* (April 2013—Present)
- *Ad hoc* Reviewer for the *Journal of Adolescent Health* (June 2013—Present)
- *Ad hoc* Reviewer for *Diabetes, Metabolic Syndrome, and Obesity: Targets and Therapy* (July 2013—Present)

- *Ad hoc* Reviewer for the *Journal of Contextual Behavioral Science* (October 2013—Present)
- *Ad hoc* Reviewer for the *Journal of Obesity* (February 2014—Present)
- *Ad hoc* Reviewer for *Eating and Weight Disorders* (February 2014—Present)
- *Ad hoc* Reviewer for *Journal of Nutrition and Dietetics* (April 2014—Present)
- Pre-revision Reviewer for SAGE Publications textbook *Clinical psychology: Science, practice and culture* (3<sup>rd</sup> edition) by Dr. Andrew Pomerantz (July, 2013)
- North Carolina Psychological Association Scientific, Academic, and Student Affairs Committee Member (May 2012—Present)
- APA Minority Fellowship Program Initial Review Committee Member (January, 2010)
- Poster Reviewer at the North Carolina Psychological Foundation Conference (April, 2012; April, 2013; April, 2014)
- National Multicultural Conference and Summit Proposal Reviewer (2013, 2015)

## RECOGNITION AND AWARDS

- National Research Council's Ford Foundation Pre-doctoral Fellowship Recipient. (Aug 1998—July 2001)
- USC Kellerman Fund Research Grant Recipient. (Sept 2000; Sept 2002)
- USC Graduate School Diversity Fellowship Recipient. (Aug 2002—June 2003)
- American Psychological Association Minority Mental Health Research Fellowship Recipient. (July 2003—June 2004)
- NIMH PREMIER Post-doctoral Fellowship Recipient. (July 2005—June 2007)
- Society of Behavioral Medicine's Scientific Achievement Award for Poster Presentation (March, 2006)
- Society of Behavioral Medicine's Citation Abstract Award (March, 2007)
- UNC Charlotte Faculty Research Grant's Top Proposal in the Social Sciences (Fall 2007)
- UNC Charlotte's Health Service Research Academy's Junior Investigator Award (April, 2009)
- UNC Charlotte's Magical Mentor Faculty Award Recipient (January, 2010)
- Invited to represent the Health Psychology Ph.D. Program in the UNC Charlotte Graduate School's *Even Higher Education* Marketing Campaign (Fall, 2013)
- Certificate of Excellence in Reviewing, *Eating Behaviors* Journal (2013)

## PROFESSIONAL MEMBERSHIPS

- American Psychological Association
- APA Division 12: Society of Clinical Psychology
- APA Division 38: Health Psychology
- APA Division 45: Society for the Psychological Study of Ethnic Minority Issues
- Society of Behavioral Medicine
- North Carolina Psychological Association
- The Obesity Society